AUTHOR LISTING

A

Abbott, R. A., see Robertson, R. J.
Adams, H. R., see Schaefer, M. E.
Adopo, E., see Péronnet, F.
Agnew, J. W., see Staab, J. S.
Ainsworth, B. Book Review, 24:277
Albrecht, R. R., Anderson, W. A., McGrew, C. A., McKeag, D. B., Hough, D. O. NCAA Institutionally based drug testing: do our athletes know the rules of *this* game?, 24:242
Alduwaisan, S., see Simpson, K. J.
Allen G. D., see Locke, S.
Allert, J. A., see Schaefer, M. E.
Alvin, B. L., see Carlberg, K. A.
Andersen, J. C., see Brunt, D.
Anderson, W. A., see Albrecht, R. R.
Andres, F. F., see Boone, J. B., Jr.
Applegate, B., see Signorile J. F.
Arena, B., see Montagnani, C. F.
Armstrong, C. W., see Ingersoll, C. D.
Armstrong, M. A., see Sidney, S.
Arroll, B., and Beaglehole, R. Letter to the editor-in-chief, 24:1180
Artal, R. M., see Clapp, J. F., III
Åstrand, P.-O. "Why exercise?", 24:153

B

Babb, T. G., and Rodarte, J. R. Exercise capacity and breathing mechanics in patients with airflow limitation, 24:967
Bahr, J. A., see Kanaley J. A.
Bahr, J. M., see Bemben, D. A.
Bahr, R., Grønnerød, O., and Sejersted, O. M. Effect of supramaximal exercise on excess postexercise O_2 consumption, 24:66
Baigrie, R., see Parry-Billings, M.
Bailey, S. P., see Pate, R. R.
Ballor, D. L., see Wilterdink, E. J.
Bank, W. J., see McCully, K.
Baranowski, T., see Durant, R. H.
Baranowski, T., Bouchard, C., Bar-Or, O., Bricker, T., Heath, G., Kimm, S. Y. S., Malina, R., Obarzanek, E., Pate, R., Strong, W. B., Truman, B., and Washington, R. Assessment, prevalence, and cardiovascular benefits of physical activity and fitness in youth, 24:S237
Bar-Or, O.
see Baranowski, T.
see Falk, B.
see Meyer, F.
Barr, S. I., Costill, D. L., and Fink, W. J. Response to clinical commentary, 24:405
Barr, S. I., Costill, D. L., Fink, W. J. Response to clinical commentary, 24:626
Barrett, P. J., see Pitetti, K. H.
Barstow, T. J., see Casaburi, R.
Bartoli, W. P., see Pate, R. R.
Bates, B. T., see Hamill, J.
Bates, B. T., Dufek, J. S., and Davis H. P. The effect of trial size on statistical power, 24:1059
Baun, R., see Dunbar, C. C.
Bazzarre, T. L. Book Review, 24:148
Beaglehole, R., see Arroll, B.
Becque, M. D., see Glass, S. C.
Bedford, T. G., and Tipton, C. M. Blood pressure responses to LBNP in nontrained and trained hypertensive rats, 24:1228
Belcastro, A. N., see Seburn, K. L.
Beltz, J. D., see Coyle, E. F.
Bemben, D. A., Boileau, R. A., Bahr, J. M., Nelson, R. A., and Misner, J. E. Effects of oral contraceptives on hormonal and metabolic responses during exercise, 24:434
Bennett, P., see Raben, A.
Berg, K. E., see Lang, P. B.
Bergey, D. Book Review, 24:1183
Bergh, U., and Forsberg, A. Influence of body mass on cross-country ski racing performance, 24:1033
Berry, C. B., see Berry, M. J.
Berry, C. B. Book Review, 24:148
Berry, M. J., Cline, C. C., Berry, C. B., and Davis M. A comparison between two forms of aerobic dance and treadmill running, 24:946
Berry, M. J. Book Review, 24:1183
Beunen, G., see Claessens, A. L.
Beunen, G. Book review, 24:499
Beunen, G. P., Malina, R. M., Renson, R., Simons, J., Ostyn, M., and Lefevre, J. Physical activity and growth, maturation and performance: a longitudinal study, 24:576
Bild, D. E., see King, A. C.
Bilodeau, B., Boulay, M. R., and Roy, B. Propulsive and gliding phases in four cross-country skiing techniques, 24:917
Binkhorst, R. A., see Hopman, M. T. E.
Black, D. M., see Dengel, D. R.
Blair, S. N.
see King, A. C.
see Kohl, H. W. III
Blandin, M. F., see Dunbar, C. C.
Blessing, D. Book Review, 24:277
Blomstrand, E., see Parry-Billings, M.
Boileau, R. A.
see Bemben, D. A.
see Kanaley, J. A.
Boone, J. B., Jr., Levine, M., Flynn, M. G., Pizza, F. X., Kubitz, E. R., and Andres, F. F. Opioid receptor modulation of postexercise hypotension, 24:1108
Boorman, M. A., see Wells, C. L.
Bouchard, C., see Baranowski, T.
Bouhlel, E., see Shepard, R. J.
Boulay, M. R., see Bilodeau, B.
Bourdon, L., see Payen, J.-F.
Bourque, S. P., see Klingshirn, L. A.
Boutcher, S. H., see Landers, D. M.
Boyce, R. W. Book Review, 24:1309
Branch, J. D., see Pate, R. R.
Brandon, L. J. Book Review, 24:148
Braun, B., see Clarkson, P. M.
Braun, B. Letter to the editor-in-chief, 24:733
Bricker, T., see Baranowski, T.
Briner, W. W., Jr., see Horan, R. F.
Briner, W. W., Jr., and Sheffer, A. L. Exercise-induced anaphylaxis, 24:849
Briner, W. W., Jr. Introduction: exercise and allergy, 24:843
Brisson, G. R., see Péronnet, F.
Brody, E. B., see Hatfield, B. D.
Brooks, S., see Parry-Billings, M.
Brubaker, P. H., see Weyrich, A. S.
Bruno, N. J., see Johns, R. A.
Brunt, D., Andersen, J. C., Huntsman, B., Reinhert, L. B., Thorell, A. C., and Sterling, J. C. Postural responses to lateral perturbation in healthy subjects and ankle sprain patients, 24:171
Buckley, W. E., see Ferrara, M. S.
Budgett, R., see Parry-Billings, M.
Bulbulian, R. Book Review, 24:1309
Burdett, R., see Dunbar, C. C.
Burton, H., see Walker, J.
Burton, H. W., see Walker, J. A.
Buttrick, P., see Cowley, A. W., Jr.
Byrd, S. K. Alterations in the sarcoplasmic reticulum: a possible link to exercise-induced muscle damage, 24:531

C

Cafarelli, E., see Garfinkel, S.
Calder, P. C., see Parry-Billings, M.
Caldwell, G. E., and Forrester, L. W. Estimates of mechanical work and energy transfers: demonstration of a rigid body power model of the recovery leg in gait, 24:1396
Calvert, R., see Falk, B.
Calvo, R. D., see Meyers, M. C.
Cameron, J. L., see Loucks, A. B.
Campbell, K. D., see Pitetti, K. H.
Cantu, R. C. Congenital cardiovascular disease—the major casue of athletic death in high school and college, 24:279
Cantu, R. C. Response to letter, 24:1066
Cantwell, B. W., see Gardner, A. W.
Cardinal, B. J. Book Review, 24:1183
Carlberg, K. A., and Alvin, B. L. Effects of blood sampling technique and exercise on plasma androgens in female rats, 24:610
Carlson, J. J., see Robison, J. I.
Carpenter, D. M., see Graves, J. E.
Carpenter, M. W., see Clapp, J. F., III
Carpenter, R., see Scott, C. B.
Carter, R., Coast, J. R., and Idell, S. Exercise training in patients with chronic obstructive pulmonary disease, 24:281
Casaburi, R., Barstow, T. J., Robinson, T., and Wasserman, K. Dynamic and steady-state ventilatory and gas exchange responses to arm exercise, 24:1365
Caspersen, C. J.
see Haskell, W. L.
see Robertson, R. J.
Caston, A. L., see Farrell, P. A.
Castracane, V. D., see Kraemer, R. R.
Cavanagh, P. R., see Frederick, E. C.
Cazorla, G., see Chatard, J.-C.

Cerny, F., see Walker, J.
Cerny, F. J., see Walker, J. A.
Chatard, J.-C., Lavoie, J.-M., Ottoz, H., Randaxhe, P., Cazorla, G., and Lacour, J.-R. Physiological aspects of swimming performance for persons with disabilities, 24:1276
Chen, J.-J.
see Shi, X.
see Williamson, J. W.
Cheung, K. S. Y., see McLellan, T. M.
Christie, D. M., Jr., see Roberts, W. O.
Chrousos, G. C., see Deuster, P. A.
Claessens, A. L., Malina, R. M., Lefevre, J., Beunen, G., Stijnen, V., Maes, H., and Veer, F. M. Growth and menarcheal status of elite female gymnasts, 24:755
Clapp, J. F., III, Rokey, R., Treadway, J. I., Carpenter, M. W., Artal, R. M., and Warrnes, C. Exercise in pregnancy, 24:294
Clark, S. L., see Pivarnik, J. M.
Clarkson, P. M., Nosaka, K., and Braun, B. Muscle function after exercise-induced muscle damage and rapid adaptation, 24:512
Clarkson, P. M. Exercise-induced muscle damage—animal and human models, 24:510
Clarkson, T. B., see Douglas, P. S.
Clifford, P. S., see Levine, B. D.
Clifford, P. S. Scientific basis of competitive cross-country skiing, 24:1007
Climstein, M., see Pitetti, K. H.
Cline, C. C., see Berry, M. J.
Coast, J. R., see Carter, R.
Coast, J. R., see O'Kroy, J. A.
Cobb, F., see Mitchell, J. H.
Coggan, A. R., and Swanson, S. C. Nutritional manipulations before and during exercise: effects on performance, 24:S331
Colacino, D. L., see Howley, E. T.
Connett, R. J., see Honig, C. R.
Connolly, A. M., see Keteyian, S. J.
Convertino, V., see Tatro, D. L.
Coodley, G. O., see Elliot, D. L.
Cooke, J., see Cowley, A. W., Jr.
Corbin, C. B., see Sallis, J. F.
Corey, B. J., see Worrell, T. W.
Costill, D. L., see Barr, S. I.
Cotter, J. R., see Walker, J. A.
Cotton, D. B., see Pivarnik, J. M.
Coutts, K. D. Dynamics of wheelchair basketball, 24:231
Cowley, A. W., Jr., Dzau, V., Buttrick, P., Cooke, J., Devereux, R. B., Grines, C. L., Haidet, G. C., and Thames, M. D. Working group on noncoronary cardiovascular disease and exercise in women, 24:S277
Cox, R. H., see Wiley, R. L.
Coyle, E. F., and Montain, S. J. Benefits of fluid replacement with carbohydrate during exercise, 24:S324
Coyle, E. F., and Montain, S. J. Carbohydrate and fluid ingestion during exercise: are there trade-offs?, 24:671
Coyle, E. F., Sidossis, L. S., Horowitz, J. F., and Beltz, J. D. Cycling efficiency is related to the percentage of Type I muscle fibers, 24:782
Craib, M., see Morgan, D. W.
Crandall, C. G.
see Shi, X.
see Williamson, J. W.
Crawford, S. M., see McCargar, L. J.
Crews, D. J., see Landers, D. M.
Crews, D. J. Psychological state and running economy, 24:475
Criswell, D., see Grinton, S.
Criswell, E. S. Book Review, 24:841
Crow, R., see Sidney, S.
Cure, M., see Payen, J.-F.
Cureton, K. J.
see Prusaczyk, W. K.
see Dengel, D. R.
see Yorio, J. M.
Cutter, G. R., see Sidney, S.

D

Dalsky, G., see Marcus, R.
Dalsky, G. P., see Kohrt, W. M.
Daniels, J., and Daniels, N. Running economy of elite male and elite female runners, 24:483
Daniels, N., see Daniels, J.
Darracott, C. R., see Dishman, R. K.
Davis, H., see Durant, R. H.
Davis, H. P., see Bates, B. T.
Davis, J. C., see O'Connor, P. J.
Davis, J. M., see Klingshirn, L. A.
Davis, J. M., see Nieman, D. C.
Davis, M., see Berry, M. J.
de Bart, A. C. W., see de Geus, E. J. C.
de Geus, E. J. C., Kluft, C., de Bart, A. C. W., and van Doornen, L. J. P. Effects of training on plasminogen activator inhibitor activity, 24:1210
DeJulia, J. J., see Sullivan, M. K.
Denegar, C. R. Book Review, 24:1182
Dengel, D. R. Weyand, P. G., Black, D. M., and Cureton, K. J. Effect of varying levels of hypohydration on responses during submaximal cycling, 24:1096
Dennis, R. C., see Sawka, M. N.
Desiato, C. W. Book Review, 24:842
Deuster, P. A.
see Montgomery, L. C.
see Singh, A.
Deuster, P. A., Singh, A., Hofmann, A., Moses, F. M., and Chrousos, G. C. Hormonal responses to ingesting water or a carbohydrate beverage during a 2 h run, 24:72
Devereux, R. B., see Cowley, A. W., Jr.
Devita, P., and Skelly, W. A. Effect of landing stiffness on joint kinetics and energetics in the lower extremity, 24:108
Devita, P., Hunter, P. B., and Skelly, W. A. Effects of a functional knee brace on the biomechanics of running, 24:797
DiCarlo, L. J., see Millard-Stafford, M. L.
DiCarlo, S. E., see Howard, M. G.
Dishman, R. K.
see King, A. C.
see Prusaczyk, W. K.
see Rigsby, L. W.
see Rigsby, L. W.
see Yorio, J. M.
Dishman, R. K., Darracott, C. R., and Lambert, L. T. Failure to generalize determinants of self-reported physical activity to a motion sensor, 24:904
Dix, D. J., see Russell, B.
Dodd, S., see Grinton, S.
Dodd-o, J. M., and Gwirtz, P. A. Cardiac response to acute coronary artery occlusion in exercise-trained dogs, 24:1245
Douglas, P. S., Clarkson, T. B., Flowers, N. C., Hajjar, K. A., Horton, E., Klocke, F. J., La Rosa, J., and Shively, C. Exercise and atherosclerotic heart disease in women, 24:S266
Drinkwater, B., see Marcus, R.
Dubbert, P. M., see King, A. C.
Duchateau, J., see Guissard, N.
Duchman, S. M., see Gisolfi, C. V.
Dudley, G. A.
see Golden, C. L.
see Tatro, D. L.
Dufek, J., see Marcus, R.
Dufek, J. S., see Bates, B. T.
Dunbar, C. C., Robertson, R. J., Baun, R., Blandin, M. F., Metz, K., Burdett, R., and Goss, F. L. The validity of regulating exercise intensity by ratings of perceived exertion, 24:94
Dunn, C. L., see Wiley, R. L.
Dunn, J. M., see Rintala, P.
Durant, R. H., Baranowski, T., Davis, H., Thompson, W. O., Puhl, J., Greaves, K. A., and Rhodes, T. Reliability and variability of heart rate monitoring in 3-, 4-, or 5-yr-old children, 24:265
Dwyer, G. B., see Whaley, M. H.
Dzau, V., see Cowley, A. W., Jr.

E

Eckerson, J. M., Housh, T. J., and Johnson, G. O. The validity of visual estimations of percent body fat in lean males, 24:615
Eckerson, J. M., Housh, T. J., and Johnson, G. O. Validity of bioelectrical impedance equations for estimating fat-free weight in lean males, 24:1298
Edelstenin, D. W., see Meyers, M. C.
Edwards, W., see Grinton, S.
Ehrman, J. K., see Keteyian, S. J.
Eichner, E. R. Sports anemia, iron supplements, and blood doping, 24:S315
Elliot, D. L., see Goldberg, L.
Elliot, D. L., Goldberg, L., and Coodley, G. O. Letter to the editor-in-chief, 24:838
Elliott, B. C., see Wilson, G. J.
El-Sayed, M. S. Extrinsic plasminogen activator response to exercise after a single dose of propranolol, 24:327
Engdahl, J., see Farrell, P. A.
Engfred, K., see Levine, B. D.
Epstein, L. H., see Sallis, J. F.

F

Fachnie, J. D., see Keteyian, S. J.
Falk, B., Bar-Or, O., and MacDougall, J. D. Thermoregulatory responses of pre-, mid-, and late-pubertal boys to exercise in dry heat, 24:688
Falk, B., Bar-Or, O., Calvert, R., and Macdougall, J. D. Sweat gland response to exercise in the heat among pre-, mid-, and late-pubertal boys, 24:313
Farrell, P. A., Caston, A. L., Rodd, D., and Engdahl, J. Effect of training on insulin secretion from single pancreatic beta cells, 24:426
Faucette, N., see Sallis, J. F.
Fedel, F. J., see Keteyian, S. J.
Fernhall, B., see Riebe, D.
Fernhall, B., Manfredi, T. G., and Congdon, K. Prescribing water- based exercise from treadmill and arm ergometry in cardiac patients, 24:139
Ferrara, M. S., Buckley, W. E., McCann, B.

C., Limbird, T. J., Powell, J. W., and Robl, R. The injury experience of the competitive athlete with a disability: prevention implications, 24:184
Fink, W. J., see Barr, S. I.
Fix, S. K., see Graves, J. E.
Flandry, F. C., see Skerker, R. S.
Flowers, N. C., see Douglas, P. S.
Flynn, M. Book review, 24:499
Flynn, M. G., see Boone, J. B., Jr.
Forbus, W. R., see Yorio, J. M.
Foresman, B. H., see Stevens, G. H. J.
Forrester, L. W., see Caldwell, G. E.
Forsberg, A., see Bergh, U.
Frederick, E. C., and Cavanagh, P. R. Letter to the editor-in-chief, 24:144
Frederick, E. C. Mechanical constraints on Nordic ski performance, 24:1010
Freedson, P. S., see Widrick, J. J.
Fridén, J., and Lieber, R. L. Structural and mechanical basis of exercise-induced muscle injury, 24:521
Friedman, D. B., see Levine, B. D.
Frobase, J. K., see Kyle, J. M.
Froehlicher, V. F., see Haskell, W. L.
Fry, R. W., Morton, A. R., and Keast, D. Acute intensive interval training and T-lymphocyte function, 24:339
Fulton, M. N., see Graves, J. E.

G

Gardner, A. W., Skinner, J. S., Cantwell, B. W., and Smith, L. K. Prediction of claudication pain from clinical measurements obtained at rest, 24:163
Garfinkel, S., and Cafarelli, E. Relative changes in maximal force, EMG, and muscle cross-sectional area after isometric training, 24:1220
Gascard, J. P., see Legros, P.
Gauthier, J. M., Thériault, R., Thériault, G., Gélinas, Y., and Simoneau, J.-A. Electrical stimulation-induced changes in skeletal muscle enzymes of men and women, 24:1252
Gayeski, T. E. J., see Honig, C. R.
Gelas, H., see Gozal, D.
Gélinas, Y., see Gauthier, J. M.
Getchell, L. H., see Whaley, M. H.
Geyssant, A., see Gozal, D.
Gil, V., see Shepard, R. J.
Gillen, C. M, see Nishiyasu, T.
Gisolfi, C. V., and Duchman, S. M. Guidelines for optimal replacement beverages for different athletic events, 24:679
Glass, S. C, Knowlton, R. G., Becque, M. D. Accuracy of RPE from graded exercise to establish exercise training intensity, 24:1303
Gleeson, K., see Robbins, M. K.
Gleim, G. E., see McHugh, M. P.
Goldberg, A., see Hurley, B.
Goldberg, L., see Elliot, D. L.
Goldberg, L., and Elliot, D. L. Letter to the editor-in-chief, 24:619
Golden, C. L., and Dudley, G. A. Strength after bouts of eccentric or concentric actions, 24:926
Gordon, N. F.
see Kohl, H. W. III
see Scott, C. B.
Goslin, B. R., see Keteyian, S. J.
Goss, F. L.
see Dunbar, C. C.
see Robertson, R. J.
Gouw, G. J., see Robbins, S. E.
Gozal, D., Thiriet, P., Mbala, E., Wouassi, D., Gelas, H., Geyssant, A., and Lacour, J. R. Effect of different modalities of exercise and recovery on exercise performance in subjects with sickle cell trait, 24:1325
Grabiner, M. D., Koh, T. J., and Miller, G. F. Further evidence against a direct automatic neuromotor link between the ACL and hamstrings, 24:1075
Graham, R. E.
see Prusaczyk, W. K.
see Yorio, J. M.
Graves, J. E., Pollock, M. L., Leggett, S. H., Carpenter, D. M., Fix, C. K., and Fulton, M. N. Limited range-of-motion lumbar extension strenth training, 24:128
Graves, J. E. Book Review, 24:952
Gray, A. B., Smart, Y. C., Telford, R. D., Weidemann, M. J., and Roberts, T. K. Anaerobic exercise causes transient changes in leukocyte subsets and IL-2R expression, 24:1332
Greaves, K. A., see Durant, R. H.
Green, G. A., and Maltz, B. A. Case report: bilateral ankle pain in an aerobic dancer, 24:1316
Green, H. J., and Patla, A. E. Maximal aerobic power: neuromuscular and metabolic considerations, 24:38
Greenleaf, J. E., see Sawka, M. N.
Greenleaf, J. Editorial, 24:503
Greenleaf, J. E. Problem: thirst, drinking behavior, and involuntary dehydration, 24:645
Gretebeck, R. J., and Montoye, H. J. Variability of some objective measures of physical activity, 24:1167
Grines, C. L., see Cowley, A. W., Jr.
Grinton, S., Powers, S. K., Lawler, J., Criswell, D., Dodd, S., and Edwards, W. Endurance training-induced increases in expiratory muscle oxidative capacity, 24:551
Grønnerød, O., see Bahr, R.
Grove, K. A., and Londeree, B. R. Bone density in postmenopausal women: high impact vs low impact exercise, 24:1190
Guissard, N., Duchateau, J., and Hainaut, K. EMG and mechanical changes during sprint starts at different front block obliquities, 24:1257
Gustafsen, S., see Landers, D. M.
Gwirtz, P. A., see Dodd-o, J. M.

H

Hagan, R. D., Weis, S. E., and Raven, P. B. Effect of pedal rate on cardiorespiratory responses during continuous exercise, 24:1088
Hagberg, J., and Haskell, W. L. Response to letter, 24:1180
Hagberg, J. M., see Haskell, W. L.
Hagerman, F. C. Energy metabolism and fuel utilization, 24:S309
Haidet, G. C., see Cowley, A. W., Jr.
Hainaut, K., see Guissard, N.
Hainline, B. Letter to the editor-in-chief, 24:1066
Hajjar, K. A., see Douglas, P. S.
Haller, D. L., see Russell, B.
Hamill, J., see Widrick, J. J.
Hamill, J., Bates, B. T., and Holt, K. G. Timing of lower extremity joint actions during treadmill running, 24:807
Hanel, B., see Levine, B. D.
Hanshaw, S. L., see Kyle, J. M.
Harlan, W., see Haskell, W. L.
Haskell, W. L.
see Sidney, S.
see Hagberg, J.
Haskell, W. L., Leon, A. S., Caspersen, C. J., Froehlicher, V. F., Hagberg, J. M., Harlan, W., Holloszy, J. O., Regensteiner, J. G., Thompson, P. D., Washburn, R. A., and Wilson, P. W. F. Cardiovascular benefits and assessment of physical activity and physical fitness in adults, 24:S201
Hasson, S. M. Book Review, 24:1182
Hatfield, B. D., Spalding, T. W., Mahon, A. D., Slater, B. A., Brody, E. B., and Vaccaro, P. The effect of psychological strategies upon cardiorespiratory and muscular activity during treadmill running, 24:218
Hatze, H. The effectiveness of grip bands in reducing racquet vibration transfer and slipping, 24:226
Haymes, E. M., see Martinez, L. R.
Heath, G., see Baranowski, T.
Hecht, M. W., see Kanaar, A. C.
Heigenhauser, J. F., see Meyer, F.
Hennig, E. M., Rosenbaum, D., and Milani, T. L. Transfer of tennis racket vibrations onto the human forearm, 24:1134
Henson, D. A., see Nieman, D. C.
Hergenroeder, A. C. Book Review, 24:953
Herring, J. L., Molé, P. A., Meredith, C. N., and Stern, J. S. Effect of suspending exercise training on resting metabolic rate in women, 24:59
Herron, T. J., see Melchert, R. B.
Hillaire-Marcel, C., see Péronnet, F.
Hoffman, M. D. Physiological comparisons of cross-country skiing techniques, 24:1023
Hofmann, A., see Deuster, P. A.
Holloszy, J. O.
see Haskell, W. L.
see Kohrt, W. M.
Holt, K. G., see Hamill, J.
Honig, C. R., Connett, R. J., Gayeski, T. E. J. O_2 transport and its interaction with metabolism; a systems view of aerobic capacity, 24:47
Hopkins, S. R., see Meeuwisse, W. H.
Hopman, M. T. E., Oeseburg, B., and Binkhorst, R. A. The effect of an anti-G suit on cardiovascular responses to exercise in persons with paraplegia, 24:984
Horan, R. F., Sheffer, A. L., and Briner, W. W., Jr. Physical allergies, 24:845
Horowitz, J. F., see Coyle, E. F.
Hortobágyi, T., see Johns, R. A.
Hortobágyi, T., Lambert, N. J., Tracy, C., and Shinebarger, M. Voluntary and electromyostimulation forces in trained and untrained men, 24:702
Horton, E., see Douglas, P. S.
Horvath, S. M. Book Review, 24:841
Hough, D. O., see Albrecht, R. R.
Houmard, J. A., see Johns, R. A.
Housh, T. J., see Eckerson, J. M.
Houtkooper, L. Food selection for endurance sports, 24:S349
Howard, M. G., DiCarlo, S. E., Stallone, J. N. Acute exercise attenuates phenylephrine-

induced contraction of rabbit isolated aortic rings, 24:1102
Howley, E. T., Colacino, D. L., and Swensen, T. C. Factors affecting the oxygen cost of stepping on an electronic stepping ergometer, 24:1055
Hueppchen, N. A., see Wiley, R. L.
Hull, M. L., Williams, M., Williams, K., and Kautz, S. Physiological response to cycling with both circular and noncircular chainrings, 24:1114
Hundley, J. R., see Lander, J. E.
Hunter, P. B., see Devita, P.
Huntsman, B., see Brunt, D.
Hurley, B., see Kokkinos, P.
Hurley, B., Kokkinos, P., and Goldberg, A. Response to letter, 24:620
Hurley, B. F., see Koffler, K. H.
Hurme, T., and Kalimo, H. Activation of myogenic precursor cells after muscle injury, 24:197

I

Iannotti, R. J., see Sallis, J. F.
Idell, S., see Carter, R.
Ingersoll, C. D., and Armstrong C. W. The effects of closed-head injury on postural sway, 24:739
Ireland, M. L., see Colosimo, A. J.
Ishii, S., see Yamashita, T.

J

Jaakkola, L., see Kujala, U. M.
Jackson, A. W., see Rigsby, L. W.
Jackson, J. A., see Pitetti, K. H.
Jacobs, D. R., see Sidney, S.
Jacobs-El, J., see Russell, B.
Jarvis, J. K., see Schoeller, D. A.
Jarvis, J. K., Pearsall, D., Oliner, C. M., and Schoeller, D. A. The effect of food matrix on carbohydrate utilization during moderate exercise, 24:320
Jeejeebhoy, K. N., see Nishio, M. L.
Jehenson, P., see Legros, P.
Jenkins, D. G., and Quigley, B. M. Endurance training enhances power, 24:1283
Jenkins, R. R. Book Review, 24:278
Johns, R. A., Houmard, J. A., Kobe, R. W., Hortobágyi, T., Bruno, N. J., Wells, J. M., and Shinebarger, M. H. Effects of taper on swim power, stroke distance, and performance, 24:1141
Johnson, G. O., see Eckerson, J. M.
Johnson, J. M., see Kenney, W. L.
Johnson, R. J. Book review, 24:500
Johnson, R., see Nieman, D. C.
Johnston, L. F. Book Review, 24:277

K

Kalimo, H., see Hurme, T.
Kamen, G., see Koceja, D. M.
Kaminsky, L. A., see Whaley, M. H.
Kaminsky, L. A., and Whaley, M. H. Evaluation of within-day precision of serum cholesterol measured by a portable analyzer, 24:134
Kanaar, A. C., and Hecht, M. W. Marathon swim training in a 74-yr-old man: personal experiences, 24:490
Kanaley, J. A., Boileau, R. A., Bahr, J. A., Misner, J. E., and Nelson, R. A. Substrate oxidation and GH responses to exercise are independent of menstrual phase and status, 24:873
Kannus, P., and Yasuda, K. Value of isokinetic angle-specific torque measurements in normal and injured knees, 24:292
Kaplan, T. A., see Signorile, J. F.
Kaplan, T. A. Book review, 24:1414
Kaplan, T. A. Obesity in a high school football conadidate: a case presentation, 24:406
Kaplan, T. A. Response to letter, 24:497
Kautz, S., see Hull, M. L.
Keast, D., see Fry, R. W.
Keesey, R. E., see Wilterdink, E. J.
Kendrick, J., see Loucks, A. B.
Kenney, W. L., and Johnson, J. M. Control of skin blood flow during exercise, 24:303
Keteyian, S. J., Marks, C. R. C., Fedel, F. J., Ehrman, J. K., Goslin, B. R., Connolly, A. M., Fachnie, J. D., Levine, T. B., and O'Neil, M. J. Assessment of body composition in heart transplant patients, 24:247
Kiens, B., see Raben, A., 24:1290
Kilgore, J. L., see Kraemer, R. R.
Killen, J. D., see Sallis, J. F.
Kimm, S. Y. S., see Baranowski, T.
King, A. C., Blair, S. N., Bild, D. E., Dishman, R. K., Dubbert, P. M., Marcus, B. H., Oldridge, N. B., Paffenbarger, R. S., Jr., Powell, K. E., and Yeager, K. K. Determinants of physical activity and interventions in adults, 24:S221
Kirkendall, D. T. Book Review, 24:1309
Kjaer, M., see Levine, B. D.
Klentrou, P. P., and Montpetit, R. R. Energetics of backstroke swimming in males and females, 24:371
Klesges, R. C., see Sallis, J. F.
Klingshirn, L. A., Pate, R. R., Bourque, S. P., Davis, J. M., and Sargent, R. G. Effect of iron supplementation on endurance capacity in iron-depleted female runners, 24:819
Klocke, F. J., see Douglas, P. S.
Kluft, C., see de Geus, E. J. C.
Knowlton, R. G., see Glass, S. C.
Kobe, R. W., see Johns, R. A.
Koceja, D. M., and Kamen, G. Segmental reflex organization in endurance-trained athletes and untrained subjects, 24:235
Koffler, K. H., Menkes, A., Redmond, R. A., Whitehead, W. E., Pratley, R. E., and Hurley, B. F. Strength training accelerates gastrointestinal transit in middle-aged and older men, 24:415
Koh, T. J., see Grabiner, M. D.
Kohl, H. W., III, Gordon, N. F., Scott, C. B., Vaandrager, H., and Blair, S. N. Musculoskeletal strength and serum lipid levels in men and women, 24:1080
Kohrt, W. M., Malley, M. T., Dalsky, G. P., and Holloszy, J. O. Body composition of healthy sedentary and trained, young and older men and women, 24:832
Kokkinos, P., see Hurley, B.
Kokkinos, P., and Hurley, B. Response to letter, 24:623
Koutedakis, Y., see Parry-Billings, M.
Kozak-Reiss, G., see Legros, P.
Kraemer, G. R., see Kraemer, R. R.
Kraemer, R. R., Kilgore, J. L., Kraemer, G. R., and Castracane, V. D. Growth hormone, IGF-I, and testosterone responses to resistive exercise, 24:1346
Krahenbuhl, G. S., and Williams, T. J. Running economy: changes with age during childhood and adolescence, 24:462
Kraus, W., see Mitchell, J. H.
Krock, L. P.
see Shi, X.
see Williamson, J. W.
Kubitz, E. R., see Boone, J. B., Jr.
Kujala, U. M., Salminen, J. J., Taimela, S., Oksanen, A., and Jaakkola, L. Subject characteristics and low back pain in young athletes and nonathletes, 24:627
Kyle, J. M., Walker, R. B., Hanshaw, S. L., Leaman, J. R., and Frobase, J. K. Exercise-induced bronchospasm in the young athlete: guidelines for routine screening and initial management, 24:856

L

Lacour, J.-R., see Chatard, J.-C.
Lacour, J. R., see Gozal, D.
Lambert, L. T., see Dishman, R. K.
Lambert, N. J., see Hortobágyi, T.
Lander, J. E., Hundley, J. R., and Simonton, R. L. The effectiveness of weight-belts during multiple repetitions of the squat exercise, 24:603
Landers, D. M., Crews, D. J., Boutcher, S. H., Skinner, J. S., and Gustafsen, S. The effects of smokeless tobacco on performance and psychophysiological response, 24:895
Landry, G. L. Letter to the editor-in-chief, 24:495
Lang, P. B., Latin, R. W., Berg, K. E., Mellion, M. B. The accuracy of the ACSM cycle ergometry equation, 24:272
La Rosa, J., see Douglas, P. S.
Larson, G. K. Book Review, 24:842
Latin, R. W., see Lang, P. B.
Laughlin, M. H., see Schaefer, M. E.
Lavoie, J.-M., see Chatard, J.-C.
Lawler, J., see Grinton, S.
Leaman, J. R., see Kyle, J. M.
Le Bas, J.-F., see Payen, J.-F.
Lebeck, L., see Nieman, D. C.
Lee, W., see Pivarnik, J. M.
Lefevre, J.
see Beunen, G. P.
see Claessens, A. L.
Leggett, S. H., see Graves, J. E.
Legros, P., Jehenson, P., Gascard, J. P., and Kozak-Reiss, G. Long-term relationship between acute rhabdomyolysis and abnormal high-energy phosphate metabolism potentiated by ischemic exercise, 24:298
Lenfant, C. Foreword: physical activity and cardiovascular health: special emphasis on women and youth, 24:S191
Leon, A. S., see Haskell, W. L.
Levine, B. D., Friedman, D. B., Engfred, K., Hanel, B., Kjaer, M., Clifford, P. S., and Secher N. H. The effect of normoxic or hypobaric hypoxic endurance training on the hypoxic ventilatory response, 24:769
Levine, M., see Boone, J. B., Jr.
Levine, T. B., see Keteyian, S. J.
Licata, A. A. Stress fractures in young athletic women: case reports of unsuspected cortisol-induced osteoporosis,

erature, 24:958, 24:955 **Colosimo, A. J., and Ireland M. L.** Thigh
Lieber, R. L., see Fridén, J.
Liebert, P. L. Book Review, 24:148
Limacher, M. C., see Loucks, A. B.
Limbird, T. J., see Ferrara, M. S.
Locke, S., and Allen, G. D. Etiology of low back pain in elite boardsailors, 24:964
Londree, B. R., see Grove, K. A.
Loucks, A. B., Vaitukaitis, J., Cameron, J. L., Rogol, A. D., Skrinar, G., Warren, M. P., Kendrick, J., and Limacher, M. C. The reproductive system and exercise in women, 24:S288
Loy, R. A., see O'Kroy, J. A.

M

MacDougall, D., see Meyer, F.
MacDougall, J. D., see Falk, B.
Macdougall, J. D., see Falk, B.
Macera, C. A., see Pate, R. R.
Mack, G. W., see Nishiyasu, T.
MacLean, G. S., see Rigsby, L. W.
Madapallimattam, A. F., see Nishio, M. L.
Maes, H., see Claessens, A. L.
Maffuli, N., see Montagnani, C. F., 24:764
Magnusson, S. P., see McHugh, M. P.
Mahon, A. D., see Hatfield, B. D.
Malina, R., see Baranowski, T.
Malina, R. M.
see Beunen, G. P.
see Claessens, A. L.
Malley, M. T., see Kohrt, W. M.
Maltz, B. A., see Green, G. A.
Marcus, B. H., see King, A. C.
Marcus, R., Drinkwater, B., Dalsky, G., Dufek, J., Raab, D., Slemenda, C., and Snow-Harter, C. Osteoporosis and exercise in women, 24:S301
Marks, C. R. C., see Keteyian, S. J.
Martin, P. E., and Morgan, D. W. Biomechanical considerations for economical walking and running, 24:467
Martinez, L. R., and Haymes, E. M. Substrate utilization during treadmill running in prepubertal girls and women, 24:975
Massicotte, D., see Péronnet, F.
Mavis, B. E., see Robison, J. I.
Mbala, E., see Gozal, D.
McCann, B. C., see Ferrara, M. S.
McCargar, L. J., and Crawford, S. M. Metabolic and anthropometric changes with weight cycling in wrestlers, 24:1270
McCubbin, J. A., see Rintala, P.
McCully, K., Shellock, F. G., Bank, W. J., and Posner, J. D. The use of nuclear magnetic resonance to evaluate muscle injury, 24:537
McGinnis, J. M. The public health burden of a sedentary lifestyle, 24:S196
McGrew, C. A., see Albrecht, R. R.
McGrew, C. R., see Robison, J. I.
McHugh, M. P., Magnusson, S. P., Gleim, G. W., and Nicholas, J. A. Viscoelastic stress relaxation in human skeletal muscle, 24:1375
McKeag, D. B., see Albrecht, R. R.
McKenzie, D. C.
see Meeuwisse, W. H.
see Seburn, K. L.
McLean, K. P., and Skinner, J. S. Validity of Futrex-5000 for body composition determination, 24:253
McLellan, T. M., and Cheung, K. S. Y. A comparative evaluation of the individual anaerobic threshold and the critical power, 24:543
McMurray, R. G. Book Review, 24:735, 24:1308
McMurray, R. G. Book review, 24:1415
Meeuwisse, W. H., McKenzie, D. C., Hopkins, S. R., and Road, J. D. The effect of salbutamol on performance in elite nonasthamatic athletes, 24:1161
Melchert, R. B., Herron, T. J., Welder, A. A. The effect of anabolic- androgenic steroids on primary myocardial cell cultures, 24:206
Melin, B., see Payen, J.-F.
Mellion, M. B., see Lang, P. B.
Menkes, A., see Koffler, K. H.
Meredith, C. N., see Herring, J. L.
Metz, K., see Dunbar, C. C.
Metz, K. F., see Robertson, R. J.
Meyer, F., Bar-Or, O., MacDougall, D., and Heigenhauser, J. F. Sweat electrolyte loss during exercise in the heat: effects of gender and maturation, 24:776
Meyers, M. C., Calvo, D. C., Sterling, J. C., and Edelstein, D. W. Delayed treatment of a malreduced distal femoral epiphyseal plate fracture, 24:1311
Micic, S., see Raben, A.
Milani, T. L., see Hennig, E. M.
Millard-Stafford, M. Book review, 24:500, 24:1413
Millard-Stafford, M. L., Sparling, P. B., Rosskopf, L. B., and DiCarlo, L. J. Carbohydrate-electrolyte replacement improves distance running performance in the heat, 24:934
Miller, G. F., see Grabiner, M. D.
Miller, J. F., see Pivarnik, J. M.
Misner, J. E.
see Bemben, D. A.
see Kanaley, J. A.
Mitchell, J. H., Tate, C., Raven, P. Cobb, F., Kraus, W., Moreadith, R., O'Toole, M., Saltin, B., and Wenger, N. Acute response and chronic adaptation to exercise in women, 24:S258
Mittleman, K. D., and Zambraski, E. J. Exercise-induced proteinuria is attenuated by indomethacin, 24:1069
Molé, P. A., see Herring, J. L.
Monod, H., see Shepard, R. J.
Montagnani, C. F., Arena, B., and Maffuli, N. Estradiol and progesterone during exercise in healthy untrained women, 24:764
Montain, S. J., see Coyle, E. F.
Montgomery, L. C., and Deuster, P. A. Ingestion of an antihistamine does not affect exercise performance, 24:383
Montoye, H. J., see Gretebeck, R. J.
Montpetit, R. R., see Klentrou, P. P.
Moreadith, R., see Mitchell, J. H.
Morgan, D. W., see Martin, P. E.
Morgan, D. W., and Craib, M. Physiological aspects of running economy, 24:456
Morgan, D. W. Introduction: economy of running: a multidisciplinary perspective, 24:454
Moriarity, J., see Simons, S. M.
Morton, A. R., see Fry, R. W.
Moses, F. M.
see Deuster, P. A.
see Singh, A.
Mottola, M. F. Book Review, 24:149
Murray, R. Nutrition for the marathon and other endurance sports: environmental stress and dehydration, 24:S319
Murrell, G. A. C. Book Review, 24:736

N

Nachbauer, W., and Nigg, B. M. Effects of arch height of the foot on ground reaction forces in running, 24:1264
Nadel, E. R., see Nishiyasu, T.
Nakano, S., see Tamaki, T.
Nehlsen-Cannarella, S. L., see Nieman, D. C.
Nelson, R. A.
see Bemben, D. A.
see Kanaley, J. A.
Newsholme, E. A., see Parry-Billings, M.
Nicholas, J. A., see McHugh, M. P.
Nieman, D. C., Henson, D. A., Johnson, R., Lebeck, L., Davis, J. M., Nehlsen-Cannarella, S. L. Effects of brief, heavy exertion on circulating lymphocyte subpopulations and proliferative response, 24:1339
Nigg, B. M., see Nachbauer, W.
Nigg, B. M., and Segesser, B. Biomechanical and orthopedic concepts in sport shoe construction, 24:595
Nishio, M. L., Madapallimattam, A. G., Jeejeebhoy, K. N. Comparison of six methods for force normalization in muscles from malnourished rats, 24:259
Nishiyasu, T., Shi, X., Gillen, C. M., Mack, G. W., Nadel, E. R. Comparison of the forearm and calf blood flow response to thermal stress during dynamic exercise, 24:213
Nixon, P. A., see Robertson, R. J.
Noakes, T. D. Hyponatremia during endurance running: a physiological and clinical interpretation, 24:403
Norton, J. A., see Whaley, M. H.
Nosaka, K., see Clarkson, P. M.

O

Obarzanek, E.
see Baranowski, T.
see Sopko, G.
Oberman, A., see Sidney, S.
O'Bryant, H. S. Book review, 24:499
O'Connor, P. J., and Davis, J. C. Psychobiologic responses to exercise at different times of day, 24:714
Oeseburg, B., see Hopman, M. T. E.
O'Kroy, J. A., Loy, R. A., and Coast, J. R. Pulmonary function and changes following exercise, 24:1359
Oksanen, A., see Kujala, U. M.
Oldridge, N. B., see King, A. C.
Oliner, C. M.
see Jarvis, J. K.
see Schoeller, D. A.
O'Neil, M. J., see Keteyian, S. J.
Oota, I., see Yamashita, T.
Ostyn, M., see Beunen, G. P.
O'Toole, M., see Mitchell, J. H.
O'Toole, M. L. Prevention and treatment of injuries to runners, 24:S360
Ottoz, H., see Chatard, J.-C.

P

Paffenbarger, R. S., Jr., see King, A. C.
Pandolf, K. B., see Sawka, M. N.

Parks, J. S., see Weyrich, A. S.
Parry-Billings, M., Budgett, R., Koutedakis, Y., Blomstrand, E., Brooks, S., Williams, C., Calder, P. C., Pilling, S., Baigrie, R., and Newsholme, E. A. Plasma amino acid concentrations in the overtraining syndrome: possible effects on the immune system, 24:1353
Pate, R., see Baranowski, T.
Pate, R. R., see Klingshirn, L. A.
Pate, R. R., and Branch, J. D. Training for endurance sport, 24:S340
Pate, R. R., Macera, C. A., Bailey, S. P., Bartoli, W. P., and Powell, K. E. Physiological, anthropometric, and training correlates of running economy, 24:1128
Patla, A. E., see Green, H. J.
Payen, J.-F., Bourdon, L., Reutenauer, H., Melin, B., Le Bas, J.-F., Stieglitz, P., and Cure, M. Exertional heatstroke and muscle metabolism: an *in vivo* ^{31}P-MRS study, 24:420
Pearsall, D.
see Jarvis, J. K.
see Schoeller, D. A.
Péronnet, F., Adopo, E., Massicotte, D., Hillaire-Marcel, C., and Brisson, G. R. Letter to the editor-in-chief, 24:1066
Perry, A. C., see Signorile, J. F.
Petray, C. K., see Sallis, J. F.
Pfohl, S. Book review, 24:1413
Pilling, S., see Parry-Billings, M.
Pitetti, K. H., Climstein, M., Campbell, K. D., Barrett, P. J., and Jackson, J. A. The cardiovascular capacities of adults with Down syndrome: a comparative study, 24:13
Pivarnik, J. M., Lee, W., Spillman, T., Clark, S. L., Cotton, D. B., and Miller, J. F. Maternal respiration and blood gases during aerobic exercise performed at moderate altitude, 24:868
Pizza, F. X., see Boone, J. B., Jr.
Pollock, M. L., see Graves, J. E.
Porcari, J. P Book Review, 24:1308
Posner, J. D., see McCully, K.
Powell, J. W., see Ferrara, M. S.
Powell, K. E.
see King, A. C.
see Pate, R. R.
Powers, S. K., see Grinton, S.
Powers, S. K. Book Review, 24:1310
Pratley, R. E., see Koffler, K. H.
Prusaczyk, W. K., Cureton, K. J., Graham, R. E., and Ray, C. A. Differential effects of dietary carbohydrate on RPE at the lactate and ventilatory thresholds, 24:568
Prusaczyk, W. K., Dishman, R. K., and Cureton, K. J. No effects of glycogen depleting exercise at different times of day, 24:708
Puhl, J., see Durant, R. H.

Q

Quigley, B. M., see Jenkins, D. G.
Quinn, C., see Rintala, P.

R

Raab, D., see Marcus, R.
Raben, A., Kiens, B., Richter, E. A., Rasmussen, L. B., Svenstrup, B., Micic, S., and Bennett, P. Serum sex hormones and endurance performance after a lacto-ovo vegetarian and a mixed diet, 24:1290
Rajagopal, K. R., see South-Paul, J. E.
Randaxhe, P., see Chatard, J.-C.
Rasmussen, L. B., see Raben, A.
Raven, P., see Mitchell, J. H.
Raven, P. B.
see Rigsby, L. W.
see Van Duser, B. L.
see Rigsby, L. W.
see Shi, X.
see Stevens, G. H. J.
see Williamson, J. W.
Raven, P. B. Editorial, 24:1, 24:503
Raven, P. B. Editor's note, 24:619
Raven, P. B., see Hagan, R. D.
Ray, C. A., see Prusaczyk, W. K.
Redmond, R. A., see Koffler, K. H.
Reeves, K. T., see Simpson, K. J.
Regensteiner, J. G., see Haskell, W. L.
Reinhert, L. B., see Brunt, D.
Reinschmidt, C., see Stacoff, A.
Reinschmidt, C., Stacoff, A., and Stüssi, E. Heel movement within a court shoe, 24:1390
Rejeski, W. J., see Weyrich, A. S.
Renney, K. M. Book Review, 24:952
Renson, R., see Beunen, G. P.
Reutenauer, H., see Payen, J.-F.
Rhodes, T., see Durant, R. H.
Richter, E. A., see Raben, A.
Riebe, D., Fernhall, B., and Thompson, P. D. The blood pressure response to exercise in anabolic steroid users, 24:633
Riggs, D. M., see Wells, C. L.
Rigsby, L. W., Dishman, R. K., Jackson, A. W., MacLean, G. S., and Raven, P. B. Effects of exercise training on men seropositive for the human immunodeficiency virus-1, 24:6
Rigsby, L. W., Dishman, R. K., Jackson, A. W., and Raven, P. B. Response to letter, 24:838
Rintala, P., Dunn, J. M., McCubbin, J. A., Quinn, C. Validity of a cardiorespiratory fitness test for men with mental retardation, 24:941
Road, J. D., see Meeuwisse, W. H.
Robbins, M. K., Gleeson, K., and Zwillich, C. W. Effect of oxygen breathing following submaximal and maximal exercise on recovery and performance, 24:720
Robbins, S. E., and Gouw, G. J. Letter to the editor-in-chief, 24:145
Roberts, T. K., see Gray, A. B.
Roberts, W. O., and Christie, D. M., Jr. Return to training and competition after deep venous calf thrombosis, 24:2
Roberts, W. O. Book Review, 24:735
Robertson, R. J., see Dunbar, C. C.
Robertson, R. J., Nixon, P. A., Caspersen, C. J., Metz, K. F., Abbott, R. A., and Goss, F. L. Abatement of exertional perceptions following dynamic exercise: physiological mediators, 24:346
Robinson, T., see Casaburi, R.
Robison, J. I., Rogers, M. A., Carlson, J. J., Mavis, B. E., Stachnik, T., Stoffelmayr, B., Sprague, H. A., McGrew, C. R., and Van Huss, W. D. Effects of a 6-month incentive-based exercise program on adherence and work capacity, 24:85
Robl, R., see Ferrara, M. S.
Rodarte, J. R., see Babb, T. G.
Rodd, D., see Farrell, P. A.
Rogers, M. A., see Robison, J. I.
Rogol, A. D., see Loucks, A. B.
Rokey, R., see Clapp, J. F., III
Rosenbaum, D., see Hennig, E. M.
Rosskopf, L. B., see Millard-Stafford, M. L.
Rowland, T. W., see Sallis, J. F.
Roy, B., see Bilodeau, B.
Rozendal, R., see Veeger, H. E. J.
Ruhling, R. O. Book Review, 24:736
Rusko, H. K. Development of aerobic power in relation to age and training in cross-country skiers, 24:1040
Russell, B., Dix, D. J., Haller, D. L., Jacobs-El, J. Repair of injured skeletal muscle: a molecular approach, 24:189

S

Sallis, J. F., Simons-Morton, B. G., Stone, E. J., Corbin, C. B., Epstein, L. H., Faucette, N., Iannotti, R. J., Killen, J. D., Klesges, R. C., Petray, C. K., Rowland, T. W., and Taylor, W. C. Determinants of physical activity and interventions in youth, 24:S248
Salminen, J. J., see Kujala, U. M.
Saltin, B., see Mitchell, J. H.
Saltin, B., and Strange, S. Maximal oxygen uptake: "old" and "new" arguments for a cardiovascular limitation, 24:30
Sanderson D. J., see Seburn, K. L.
Santiago, M. C. Book Review, 24:149
Santiestaban, J., see Worrell, T. W.
Sargent, R. G., see Klingshirn, L. A.
Savage, P. J., see Sidney, S.
Sawka, M. N., and Greenleaf, J. E. Current concepts concerning thirst, dehydration, and fluid replacemnt: overview, 24:643
Sawka, M. N., Young, A. J., Pandolf, K. B., Dennis, R. C., and Valeri, C. R. Erythrocyte, plasma, and blood volume of healthy young men, 24:447
Sawka, M. N. Physiological consequences of hypohydration: exercise performance and thermoregulation, 24:657
Schaefer, M. E., Allert, J. A., Adams, H. R., and Laughlin, M. H. Adrengenic responsiveness and intrinsic sinoatrial automaticity of exercise-trained rats, 24:887
Schoeller, D. A., see Jarvis, J. K.
Schoeller, D. A., Jarvis, J. K., Pearsall, D., and Oliner, C. M. Response to letter, 24:1067
Scott, C. B., see Kohl, H. W. III
Scott, C. B., Carpenter, R., Taylor, A., and Gordon, N. F. Effect of macronutrient composition of an energy-restrictive diet on maximal physical performance, 24:814
Scott, M. S., see Wiley, R. L.
Seburn, K. L., Sanderson, D. J., Belcastro, A. N., and McKenzie, D. C. Effect of manipulation of plasma lactate on integrated EMG during cycling, 24:911
Secher, N. H., see Levine, B. D.
Seger, J., see Svedenhag, J.
Segesser, B., see Nigg, B. M.
Sejersted, O. M., see Bahr, R.
Sheeran, T. J. Book Review, 24:736
Sheffer, A. L.
see Briner, W. W., Jr.
see Horan, R. F.
Shellock, F. G., see McCully, K.
Shepard, R. J., Vandewalle, H., Gil, V., Bouhlel, E., and Monod, H. Respiratory, muscular, and overall perceptions of effort:

the influence of hypoxia and muscle mass, 24:556
Shepard, R. J. A critical analysis of work-site fitness programs and their postulated economic benefits, 24:354
Sherman, W. M. Recovery from endurance exercise, 24:S336
Shewokis, P. A., see Simpson, K. J.
Shi, X.
see Nishiyasu, T.
see Stevens, G. H. J.
see Williamson, J. W.
Shi, X., Squires, W. G., Williamson, J. W., Crandall, C. G., Chen, J.-J., Krock, L. P., and Raven, P. B. Aerobic fitness: I. Response to volume regulating hormones to head-down tilt, 24:991
Shinebarger, M., see Hortobágyi, T.
Shinebarger, M. H., see Johns, R. A.
Shively, C., see Douglas, P. S.
Siconolfi, S. F., see Staab, J. S.
Sidney, S., Haskell, W. L., Crow, R., Sternfeld, B., Oberman, A., Armstrong, M. A., Cutter, G. R., Jacobs, D. R., Savage, P. J., Van Horn, L. Symptom-limited graded treadmill exercise testing in young adults in the CARDIA study, 24:177
Sidossis, L. S., see Coyle, E. F.
Signorile, J. F., Kaplan, T. A., Applegate, B., and Perry, A. C. Effects of acute inhalation of the bronchodilator, albuterol, on power output, 24:638
Simoneau, J.-A., see Gauthier, J. M.
Simons, J., see Beunen, G. P.
Simons, S. M., and Moriarity, J. Hypertrophic cardiomyopathy in a college athlete, 24:1321
Simons-Morton, B. G., see Sallis, J. F.
Simonton, R. L., see Lander, J. E.
Simpson, K. J., Shewokis, P. A., Alduwaisan, S., and Reeves, K. T. Factors influencing rearfoot kinematics during a rapid lateral braking movement, 24:586
Singh, A., see Deuster, P. A.
Singh, A., Moses, F. M., and Deuster, P. A. Chronic multivitamin-mineral supplementation does not enhance physical performance, 24:726
Singh, A., Moses, F. M., Smoak, B. L., and Deuster, P. A. Plasma zinc uptake from a supplement during submaximal running, 24:442
Skelly, W. A., see Devita, P.
Skerker, R. S., and Flandry, F. C. Case presentation: painless arm swelling in a high school football player, 24:1185
Skinner, J. S.
see Gardner, A. W.
see McLean, K. P.
see Landers, D. M.
Skrinar, G., see Loucks, A. B.
Slater, B. A., see Hatfield, B. D.
Slemenda, C., see Marcus, R.
Smart, Y. C., see Gray, A. B.
Smith, A. Book Review, 24:952
Smith, G. A. Biomechanical analysis of cross-country skiing techniques, 24:1015
Smith, L. K., see Gardner, A. W.
Smoak, B. L., see Singh, A.
Snow-Harter, C., see Marcus, R.
Sopko, G., Obarzanek, E., and Stone, E. Overview of the National Heart, Lung and Blood Institute Workshop on physical activity and cardiovascular health, 24:S192
South-Paul, J. E., Rajagopal, K. R., and Tenholder, M. F. Exercise responses prior to pregnancy and in the postpartum state, 24:410
Spalding, T. W., see Hatfield, B. D.
Sparling, P. B., see Millard-Stafford, M. L.
Spillman, T., see Pivarnik, J. M.
Sprague, H. A., see Robison, J. I.
Squires, W. G.
see Shi, X.
see Williamson, J. W.
Staab, J. S., Agnew, J. W., and Siconolfi, S. F. Metabolic and performance responses to uphill and downhill running in distance runners, 24:124
Stachnik, T., see Robison, J. I.
Stacoff, A., Reinschmidt, C., and Stüssi, E. The movement of the heel within a running shoe, 24:695
Stacoff, A., see Reinschmidt, C.
Stallone, J. N., see Howard, M. G.
Sterling, J. C., see Brunt, D.
Sterling, J. C., see Meyers, M. C.
Stern, J. S., see Herring, J. L.
Stern, S. A., see Stevens, G. H. J.
Sternfeld, B., see Sidney, S.
Sternfeld, B. Cancer and the protective effect of physical activity: the epidemiological evidence, 24:1195
Stevens, G. H. J., Foresman, B. H., Shi, X., Stern, S. A., and Raven, P. B. Reduction in LBNP tolerance following prolonged endurance exercise training, 24:1235
Stieglitz, P., see Payen, J.-F.
Stiene, H. A. Chest pain and shortness of breath in a collegiate basketball player: case report and literature review, 24:504
Stijnen, V., see Claessens, A. L.
Stoffelmayr, B., see Robison, J. I.
Stone, E., see Sopko, G.
Stone, E. J., see Sallis, J. F.
Stone, M. H. Letter to the editor-in-chief, 24:621
Strange, S., see Saltin, B.
Street, G. M. Technological advances in cross-country ski equipment, 24:1048
Strong, W. B., see Baranowski, T.
Stüssi, E., see Stacoff, A.
Stüssi, E., see Reinschmidt, C.
Sullivan, M. K., DeJulia, J. J., and Worrell, T. W. Effect of pelvic position and stretching method on hamstring muscle flexibility, 24:1383
Sutton, J. R. $\dot{V}O_{2max}$—new concepts on an old theme, 24:26
Svedenhag, J., and Seger, J. Running on land and in water: comparative exercise physiology, 24:1155
Svenstrup, B., see Raben, A.
Swain, D. P., and Wilcox, J. P. Effect of cadence on the economy of uphill cycling, 24:1123
Swanson, S. C., see Coggan, A. R.
Swensen, T. C., see Howley, E. T.

T

Taimela, S., see Kujala, U. M.
Tamaki, T., Uchiyama, S., and Nakano, S. A weight-lifting exercise model for inducing hypertrophy in the hindlimb muscles of rats, 24:881
Tate, C., see Mitchell, J. H.
Tatro, D. L., Dudley, G. A., and Convertino, V. Carotid-cardiac baroreflex response and LBNP tolerance following resistance exercise, 24:789
Taylor, A., see Scott, C. B.
Taylor, W. C., see Sallis, J. F.
Telford, R. D., see Gray, A. B.
Tenholder, M. F., see South-Paul, J. E.
Thames, M. D., see Cowley, A. W., Jr.
Thériault, G., see Gauthier, J. M.
Thériault, R., see Gauthier, J. M.
Thiriet, P., see Gozal, D.
Thompson, P. D.
see Haskell, W. L.
see Riebe, D.
Thompson, W. O., see Durant, R. H.
Thorell, A. C., see Brunt, D.
Tipton, C. M., see Bedford, T. G.
Tobin, W. E. Book Review, 24:737
Tracy, C., see Hortobágyi, T.
Treadway, J. I., see Clapp, J. F., III
Truman, B., see Baranowski, T.
Tucker, S. Book Review, 24:277

U

Uchimaya, S., see Tamaki, T.

V

Vaandrager, H., see Kohl, H. W. III
Vaccaro, P., see Hatfield, B. D.
Vaitukaitis, J., see Loucks, A. B.
Valeri, C. R., see Sawka, M. N.
Van Der Woude, L. H. V., see Veeger, H. E. J.
Van Deuser, B. L., and Raven, P. B. The effects of oral smokeless tobacco on the cardiorespiratory response to exercise, 24:389
Vandewalle, H., see Shepard, R. J.
van Doornen, L. J. P., see de Geus, E. J. C.
Van Horn, L., see Sidney, S.
Van Huss, W. D., see Robison, J. I.
Veeger, H. E. J., Van Der Woude, L. H. V., and Rozendal, R. H. Effect of handrim velocity on mechanical efficiency in wheelchair propulsion, 24:100
Veer, F. M., see Claessens, A. L.
Verstraete, M. C. A technique for locating the center of mass and principal axes of the lower limb, 24:825
Virant, F. S. Exercise-induced bronchospasm: epidemiology, pathophysiology, and therapy, 24:851

W

Wagner, P. D. Gas exchange and peripheral diffusion limitation, 24:54
Walker, J., Cerny, F., and Burton, H. Response to letter, 24:733
Walker, J. A., Cerny, F. J., Cotter, J. R., Burton, H. W. Attenuation of contraction-induced skeletal muscle injury by bromelain, 24:20
Walker, R. B., see Kyle, J. M.
Warren, M. P., see Loucks, A. B.
Warrnes, C., see Clapp, J. F., III
Washburn, R. A., see Haskell, W. L.
Washington, R., see Baranowski, T.
Wasserman, K., see Casaburi, R.
Weidemann, M. J., see Gray, A. B.
Weis, S. E., see Hagan, R. D.
Welder, A. A., see Melchert, R. B.
Wells, C. L., Boorman, M. A., and Riggs, D. M. Effect of age and menopausal status

on cardiorespiratory fitness in masters woman runners, 24:1147
Wells, J. M., see Johns, R. A.
Wenger, N., see Mitchell, J. H.
Weyand, P. G., see Dengel, D. R.
Weyrich, A. S., Rejeski, W. J., Brubaker, P. H., and Parks, J. S. The effects of testosterone on lipids and eicosanoids in cynomolgus monkeys, 24:333
Whaley, M. H., see Kaminsky, L. A.
Whaley, M. H., Kaminsky, L. A., Dwyer, G. B., Getchell, L. H., and Norton, J. A. Predictors of over- and underachievement of age-predicted maximal heart rate, 24:1173
Whipp, B. Book Review, 24:953
Whitehead, W. E., see Koffler, K. H.
Whiteside, J. A. Book review, 24:1414
Widrick, J. J., Freedson, P. S., and Hamill, J. Effect of internal work on the calculation of optimal pedaling rates, 24:376
Wilcox, J. P., see Swain, D. P.
Wiley, R. L., Dunn, C. L., Cox, R. H., Hueppchen, N. A., and Scott, M. S. Isometric training lowers resting blood pressure, 24:749
Williams, C., see Parry-Billings, M.
Williams, K., see Hull, M. L.
Williams, M., see Hull, M. L.
Williams, M. H. Ergogenic and ergolytic substances, 24:S344
Williams, T. J., see Krahenbuhl, G. S.
Williamson, J. W., see Shi, X.
Williamson, J. W., Shi, X., Chen, J.-J., Crandall, C. G., Squires, W. G., Krock, L. P., and Raven, P. B. Aerobic fitness: II. Orthstasis and $\dot{V}O_{2peak}$ following head-down tilt, 24:999
Wilson, G. J., Elliott, B. C., and Wood, G. A. Stretch shorten cycle performance enhancement through flexibility training, 24:116
Wilson, P. W. F., see Haskell, W. L.
Wilterdink, E. J., Ballor, D. L., and Keesey, R. E. Amount of exercise per day and weeks of training: effects on body weight and daily energy expenditure, 24:396
Wood, G. A., see Wilson, G. J.
Worrell, T. W., Corey, B. J., York, S. L., and Santiestaban, J. An analysis of supraspinatus EMG activity and shoulder isometric force development, 24:744
Worrell, T. W., see Sullivan, M. K.
Wouassi, D., see Gozal, D.

Y

Yamashita, T., Ishii, S., and Oota, I. Effect of muscle stretching on the activity of neuromuscular transmission, 24:80
Yasuda, K., see Kannus, P.
Yeager, K. K., see King, A. C.
Yorio, J. M., Dishman, R. K., Forbus, W. R., Cureton, K. J., and Graham, R. E. Breathlessness predicts perceived exertion in young women with mild asthma, 24:860
York, S. L., see Worrell, T. W.
Young, A. J., see Sawka, M. N.

Z

Zambraski, E. J., see Mittleman, K. D.
Zwillich, C. W., see Robbins, M. K.

KEY WORD LISTING

A

Adrenergic responsiveness, and intrinsic sinoatrial automaticity of exercise-trained rats, 24:887
Aerobic activity, 2 h run, ingestion of water or carbohydrate beverage during, hormonal responses, 24:72
Aerobic capacity, systems view, oxygen transport, interaction with metabolism, 24:47
Aerobic dance, comparison with treadmill running, 24:946
Aerobic-oxidative enzymes, skeletal muscle enzymes, electrical stimulation-induced changes, men and women, 24:1252
Aerobic power
development of, in relation to age and training in cross-country skiers, 24:1040
maximal, neuromuscular and metabolic considerations, 24:38
Age, age-predicted maximal heart rate, predictors of over- and underachievement, 24:1173
AIDS, seropositive men, effects of exercise training on, 24:6
Airflow limitation, exercise capacity and breathing mechanics in patients with, 24:967
Albuterol, acute inhalation, effects on power output, 24:638
Allergy
and exercise, 24:843
physical, 24:845
Amino acid, plasma concentration, overtraining syndrome, possible effects on immune system, 24:1353
Anaerobic exercise, transient changes in leukocyte subsets and IL-2R expression, evidence, 24:1332
Ankle
bilateral pain, aerobic dancer, 24:1316
lateral perturbation sprain, postural responses, healthy and ankle sprain patients, 24:171
Anterior cruciate ligament, direct automatic neuromotor link between hamstrings and, further evidence against, 24:1075
Antihistamine, ingestion, effect on exercise performance, 24:383
Aortic rings, rabbit isolated, attenuation of phenylephrine-induced contraction, acute exercise, 24:1102
Asthma, exercise-induced, effect of salbutamol on performance, elite nonasthmatic athletes, 24:1161
Athletes
college, drug testing, information about procedures, 24:242
disabled, injury experience, prevention implications, 24:184
distance runners, uphill and downhill running, metabolic and performance responses, 24:124
highly trained women, resting metabolic rate, effect of suspension of exercise training on, 24:59
male powerlifters, flexibility training, effect on performance enhancement, 24:116
Axillary vein thrombosis, painless arm swelling, high school football player, 24:1185

B

Beverage, optimal replacement, guidelines for different athletic events, 24:679
Biodynamics
sprint starts, different front block obliquities, EMG and mechanical changes, 24:1257
viscoelastic stress relaxation, human skeletal muscle, 24:1375
voluntary and electromyostimulation forces, trained and untrained men, 24:702
Bioelectrical impedance, equations for estimating fat-free weight, lean males, validity, 24:1298
Biofeedback, aerobically trained males, cardiorespiratory and muscular activity, treadmill running, 24:218
Biomechanics
of running, effects of functional knee brace on, 24:797
tennis racquet grip bands, reduction of vibration transfer and slipping, 24:226
Blood flow, skin, control during exercise, 24:303
Blood pressure
and isometric exercise training, 24:749
responses to LBNP, nontrained and trained hypertensive rats, 24:1228
Body composition
fat-free weight in lean males, bioelectrical impedance equations, validity for estimation, 24:1298
young and older men and women, healthy sedentary and trained, 24:825
Body fat
determination, validity of Futrex-5000, comparison with underwater weighing and skinfolds, 24:253
lean males, validity of visual estimations, 24:615
Breathlessness, and perceived exertion in young women with mild asthma, 24:860
Bromelain, attenuation, skeletal muscle contraction-induced injury and, 24:20
Bronchospasm, exercise-induced, 24:851
in the young athlete, 24:856

C

Caloric intake, physical activity, variability of some objective measures, 24:1167
Cancer, protective effect of physical activity, epidemiological evidence, 24:1195
Carbohydrates
benefits of fluid replacement with, during exercise, 24:S324
dietary, RPE at lactate and ventilatory thresholds, 24:568
utilization during moderate exercise, effect of food matrix on, 24:320
CARDIA study, young adults, symptom-limited graded treadmill exercise, baseline examination, 24:177
Cardiovascular disease
congenital, high school and collegiate athletic death, 24:279
noncoronary, exercise and, women, 24:S277
prescribing water-based exercise, treadmill and arm ergometry, appropriateness, 24:139
Cardiovascular limitation, maximal oxygen uptake, "old" and "new" arguments, 24:30
Cholesterol, portable analyzer, within-day precision, evaluation, 24:134
Chronic obstructive pulmonary disease, exercise training in patients with, 24:281
Claudication, prediction of pain, single-stage and progressive treadmill protocols, measurement at rest, 24:163
Contraceptive, oral, effect on hormonal and metabolic responses, during exercise, 24:434
Coronary artery, acute occlusion, cardiac response, exercise-trained dogs, 24:1245
Coronary heart disease, plasminogen activator inhibitor activity, effects of exercise training, 24:1210
Court shoe, heel movement within, 24:1390
Critical power, individual anaerobic threshold and, comparative evaluation, 24:543
Cycle ergometry, endurance training, enhancement of critical power, 24:1283
Cycling
calculation of optimal pedaling rates, effect of internal work rate on, 24:376
effect of manipulation of plasma lactate on integrated EMG during, 24:911
efficiency related to percentage of Type I muscle fibers, 24:782
physiological response, circular and noncircular chainrings, 24:1114
submaximal, varying levels of hypohydration, effect on responses, 24:1096
uphill, effect of cadence on economy, 24:1123

D

Dance, aerobic dancer, bilateral ankle pain, 24:1316
Dehydration, involuntary, thirst, drinking behavior and, 24:645
Diet
altered composition, glycogen depleting exercise and, no effects on mood states, 24:708
energy-restrictive, effect of macronutrient

composition of, on maximal physical performance, 24:814
lacto-ovo vegetarian and mixed diet, serum sex hormones and endurance performance after, 24:1290
Diffusion, peripheral limitation, oxygen delivery and, 24:54
Down syndrome, cardiovascular capacities of adults with, comparative study, 24:13
Dyspnea, chest pain and, college basketball player, case report, 24:504

E

Effort, respiratory, muscular, and overall perceptions of, influence of hypoxia and muscle mass, 24:556
Eicosanoids, lipids and, effect of testosterone on, cynomolgus monkeys, 24:333
Endurance
effect of iron supplementation on,, on iron-depleted female runners, 24:819
sports, food selection for, 24:S349
Endurance training
increases in expiratory muscle oxidative capacity, 24:551
normoxic or hypobaric hypoxic, hypoxic ventilatory response, effect on, 24:769
Energy expenditure, body weight and, effects of exercise amount daily/weeks of training on, 24:396
Energy metabolism, and fuel utilization, 24:S309
Energy transfer, estimates of mechanical work and, demonstration of rigid body power model, recovery leg in gait, 24:1396
Equipment, cross-country ski, technological advances in, 24:1048
Ergogenic and ergolytic substances, 24:S344
Exercise
acute, attenuates phenylephrine-induced contraction, rabbit isolated aortic rings, 24:1102
acute response and chronic adaptation, women, 24:S258
aerobic, maternal respiration and blood gases during, 24:868
amount per day/weeks of training, effects on body weight and daily energy expenditure, 24:396
and allergy, 24:843
arm, ventilatory and gas exchange responses, dynamic and steady-state, 24:1365
atherosclerotic heart disease, women, 24:S266
blood pressure responses to LBNP, nontrained and trained hypertensive rats, 24:1228
blood pressure response, anabolic steroid users, 24:633
blood sampling technique and, effect on plasma androgens, female rats, 24:610
bronchospasm induced by, 24:851
in the young athlete, 24:856
carbohydrate and fluid ingestion during, trade-offs, 24:671
carbohydrate utilization during moderate, effect of food matrix on, 24:320
cardiorespiratory response to, effects of oral smokeless tobacco on, 24:389
comparative physiology, running on land and in water, 24:1155
continuous, cardiorespiratory responses, effect of pedal rate, 24:1088
cycle ergometer, ACSM oxygen cost estimation equation, accuracy, 24:272
dynamic, abatement of exertional perceptions following, physiological mediators, 24:346
effect of anti-G suit on cardivascular responses to, persons with paraplegia, 984
elite nonasthmatic athletes, effect of salbutamol on performance, 24:1161
endurance
effects of nutritional manipulations before and during endurance exercise on, 24:S331
recovery from, 24:S336
estradiol and progesterone during, in healthy untrained women, 24:764
extrinsic plasminogen activator response to, dose of propranolol, 24:327
forearm and calf blood flow, response to thermal stress, comparison, 24:213
glycogen depleting, altered diet composition and, no effects on mood states, 24:708
high vs low impact, bone density in postmenopausal women, 24:1190
hormonal and metabolic responses during, effects of oral contraceptives on, 24:434
human immunodeficiency virus-1 and, effects on seropositive men, 24:6
-induced muscle damage
animal and human models, 24:510
rapid adaptation, function, 24:512
sarcoplasmic reticulum alterations and, 24:531
-induced muscle injury, structural and mechanical basis, 24:521
-induced proteinuria, attenuation by indomethacin, 24:1069
intensity, regulation by ratings of perceived exertion, validity of, 24:94
isometric, and resting blood pressure, 24:749
6-month incentive-based program, adherence, links to work capacity and maximal oxygen consumption, 24:85
noncoronary cardiovascular disease and, women, 24:S277
optimal function of human body, effect on aging, 24:153
osteoporosis and, women, 24:S301
performance, effect of antihistamine ingestion on, 24:383
protective effect against cancer, epidemiological evidence, 24:1195
psychobiologic responses, different times of day, 24:714
pulmonary function changes following, 24:1359
range of motion resistance training, effect on lumbar extension strength, 24:128
recovery and, effects of different modalities on exercise performance, sickle cell trait, 24:1325
reduction in LBNP tolerance, after prolonged endurance training, 24:1235
reproductive system and, women, 24:S288
resistive, growth hormone, IGF-I, and testosterone responses to, 24:1346
responses to pregnancy, before and after, 24:410
return to, after deep venous calf thrombosis, 24:2
serum sex hormones and endurance performance, after lacto-ovo vegetarian and mixed diet, 24:1290
skin blood flow during, control of, 24:303
spinal reflex pathways, trained and untrained subjects, effects of training, 24:235
squat, weight belts in, effectiveness during multiple repetitions, 24:603
submaximal and maximal, oxygen breathing following, effect on recovery and performance, 24:720
substrate oxidation and GH responses to, independent of menstrual phase and status, 24:873
sweat electrolyte loss during, in the heat, effects of gender and maturation, 24:776
sweat gland response to heat, pre-, mid-, and late-pubertal boys, 24:313
symptom-limited graded treadmill, test of young adults in CARDIA study, baseline examination, 24:177
thermoregulatory responses in dry heat, pre-, mid-, and late-pubertal boys, 24:688
uphill and downhill running, distance runners, metabolic and performance responses, 24:124
variability of some objective measures, physical activity, 24:1167
water-based, cardiac patients, treadmill and arm ergometry, appropriateness, 24:139
Exercise capacity, and breathing mechanics in patients with airflow limitation, 24:967
Exercise recovery, postexercise hypotension, opioid receptor modulation, 24:1108
Exercise training
effects on plasminogen activator inhibitor activity, 24:1210
intensity establishment, RPE from graded exercise, accuracy, 24:1303
Exertion, brief, heavy, effects on circulating lymphocyte subpopulations, proliferative response, 24:1339

F

Fitness
aerobic
orthostasis and $\dot{V}O_{2peak}$ following head-down tilt, 24:999
response of volume regulating hormones to head-down tilt, 24:991
work-site programs, postulated economic benefits, analysis, 24:354
Fluid, replacement, benefits of, with carbohydrate during exercise, 24:S324
Food selection, for endurance sports, 24:S349
Foot, ground reaction forces in running, effects of arch height, 24:1264
Football
malreduced distal femoral epiphyseal plate fracture, delayed treatment, 24:1311
subclavian vein thrombosis, painless arm swelling, high school player, 24:1185
Fracture, malreduced distal femoral epiphyseal plate, delayed treatment, 24:1311
Fuel utilization, and energy metabolism, 24:S309

G

Gastrointestinal transit, acceleration by strength training, middle-aged and older men, 24:415
Growth, and menarcheal status of elite female gymnasts, 24:755

H

Hamstring
direct automatic neuromotor link between ACL and, further evidence against, 24:1075
muscle flexibility, effect of pelvic position and stretching method, 24:1383
Head-down tilt
orthostasis and $\dot{V}O_{2peak}$ following, 24:999
response of volume regulating hormones to, 24:991
Head injury, closed-, effects on postural sway, 24:739
Heart
cardiorespiratory fitness, masters women runners, effect of age and menopausal status, 24:1147
cell cultures, anabolic-androgenic steroids, effect on, 24:206
3 to 5-year old children, rate monitoring, reliability and variability, 24:265
maximal rate, age-predicted, predictors of over- and underachievement, 24:1173
transplant patients, body composition, assessment, 24:247
Heart disease, atherosclerotic, exercise and, women, 24:S266
Heat stress, forearm and calf blood flow response, dynamic exercise, comparison, 24:213
Heatstroke, exertional, muscle metabolism and, *in vivo* ^{31}P-MRS study, 24:420
HIV-1, seropositive men, effects of exercise training on, 24:6
Hypertrophic cardiomyopathy, college athlete, 24:1321
Hypertrophy
relative changes in maximal force, EMG, and muscle cross-sectional area, after isometric training, 24:1220
weight-lifting exercise model for inducing,, in rat hindlimb muscles, 24:881
Hypohydration
effect of varying levels on responses, submaximal cycling, 24:1096
physiological consequences, exercise performance and thermoregulation, 24:657
Hyponatremia, during endurance running, physiological and clinical interpretation, 24:403
Hypotension, postexercise, opioid receptor modulation, 24:1108
Hypoxia, muscle mass and, respiratory, muscular, and overall perceptions of effort, 24:556

I

Immune system
anaerobic exercise, transient changes in leukocyte subsets and IL-2R subsets, 24:1332
overtraining syndrome, plasma amino acid concentrations, possible effects, 24:1353
Individual anaerobic threshold, critical power and, comparative evaluation, 24:543
Injury
prevention and treatment of, to runners, 24:S360
prevention implications, competitive athlete with disability, 24:184
skeletal muscle, activation of myogenic precursor cells, 24:197
Insulin, secretion, single pancreatic beta cells, effect of insulin secretion on, 24:426
Interval training, acute intensive, T-lymphocyte function and, 24:339
Iron supplementation, effect of, on endurance capacity in iron-depleted female runners, 819
Isometric training, maximal force, EMG, and muscle cross-sectional area, relative changes, 24:1220

J

Joint kinetics, energetics and, effect of landing stiffness on, lower extremity, 24:108

K

Knee, normal and injured, isokinetic angle-specific torque measurements, value of, 24:292

L

LBNP, blood pressure responses, nontrained and trained hypertensive rats, 24:1228
Leukocytes, circulating lymphocyte subpopulations, proliferative response, effect of brief, heavy exertion, 24:1339
Lifestyle, sedentary, public health burden of, 24:S196
Lipids, serum level, musculoskeletal strength and, men and women, 24:1080
Low back pain, range of motion resistance training, effect on lumbar extension strength, 24:128
Lower limb, technique for locating center of mass and principal axes of, 24:825
Lung, function, changes following exercise, 24:1359

M

Maximal aerobic capacity, reduction in LBNP tolerance, after prolonged endurance exercise training, 24:1245
Menarcheal status, and growth of elite female gymnasts, 24:755
Mental retardation
Down syndrome, cardiovascular capacities of adults with, comparative study, 24:13
validity of cardiorespiratory fitness test for men with, 24:941
Metabolism, abnormal high-energy phosphate, acute rhabdomyolysis and, potentiation by ischemic exercise, long-term relationship, 24:298
Mood state, glycogen depleting exercise and altered diet composition and, no effects, 24:708
Muscle
exercise-induced damage
animal and human models, 24:510
rapid adaptation, function, 24:512
exercise-induced injury, structural and mechanical basis, 24:521
expiratory, increases in oxidative capacity, endurance training induced, 24:551
injury, nuclear magnetic resonance and, use in evaluation, 24:537
stretching, effect on activity of neuromuscular transmission, 24:80
tissue growth, growth hormone, IGF-I, and testosterone, responses to resistive exercise, 24:1346
Muscle, skeletal
contraction-induced injury, attenuation by bromelain, 24:20
enzymes, electrical stimulation-induced changes, men and women, 24:1252
human, viscoelastic stress relaxation, 24:1375
injury
activation of myogenic precursor cells, 24:197
repair, molecular approach, 24:184
malnourished rats, six methods for force normalization, comparison, 24:259
Muscle fibers, percentage of Type I and cycling efficiency, 24:782
Muscle injury, hamstring muscle flexibility, effect of pelvic position and stretching method, 24:1383
Musculoskeletal strength, serum lipid level and, men and women, 24:1080
Myocardial function, acute coronary artery occlusion, cardiac response, exercise-trained dogs, 24:1245

N

National Heart, Lung, and Blood Institute Workshop, physical activity, cardiovascular health, 24:S192
Neuromuscular transmission, effect of muscle stretching on, 24:80
Nuclear magnetic resonance, muscle injury and, use in evaluation, 24:537
Nutrition
manipulations, effects on performance, before and during endurance exercise, 24:S331
for the marathon and other endurance events, 24:S319

O

Obesity, high school football candidate, case study, 24:406
Osteoporosis
bone density in postmenopausal women, high vs low impact exercise, 24:1190
postmenopausal women, high vs low impact exercise, 24:1190
unsuspected cortisol-induced, 24:955
Overtraining syndrome, plasma amino acid concentrations, possible effects on immune system, 24:1353
Oxygen, breathing following submaximal and maximal exercise, effect on recovery and performance, 24:720
Oxygen consumption
cardiorespiratory fitness, masters women runners, effect of age and menopausal status, 24:1147
cycle ergometer, ACSM estimation equation, accuracy, 24:272
excess postexercise supramaximal exercise, effect on, 24:66
maximal
swimming performance, persons with disabilities, 24:1276
work capacity, 6-month incentive-based exercise program, adherence to, 24:85

running economy, 24:456
physiological, anthropometric, and training correlates, 24:1128
uphill cycling, effect of cadence on economy, 24:1123
Oxygen cost, factors affecting, electronic stepping ergometer, 24:1055
Oxygen delivery, peripheral diffusion limitation and, 24:54
Oxygen transport
metabolism and, aerobic capacity, systems view, 24:47
new concepts, symposium, 24:26
Oxygen uptake
arm exercise, dynamic and steady-state ventilatory and gas exchange responses, 24:1365
endurance training, enhancement of critical power, 24:1283
maximal, cardiovascular limitation, "old" and "new" arguments, 24:30

P

Pain
low back
etiology, boardsailors, 24:964
subject characteristics, young athletes and nonathletes, 24:627
Panic, dyspnea and chest pain, college basketball player, case report, 24:504
Paraplegia
effect of anti-G suit on cardiovascular responses to exercise in persons with, 24:984
wheelchair basketball, dynamics, 24:231
Pedal rate, effect on cardiorespiratory responses, continuous exercise, 24:1088
Performance
cross-country ski racing, influence of body mass on, 24:1033
effects of nutritional manipulations before and during endurance exercise on, 24:S331
maximal physical, effect of macronutrient composition of energy-restrictive diet on, 24:814
mechanical constraints on Nordic ski, 24:1010
Phosphorus magnetic resonance spectroscopy, exertional heatstroke and muscle metabolism, *in vivo* study, 24:420
Physical activity
cardiovascular health, women and youth, 24:S191
determinants, interventions and, youth, 24:S248
determinants of, interventions in adults, 24:S221
effects on growth, maturation and performance, longitudinal study, 24:576
failure to generalize determinants of self-reported, to a motion sensor, 24:904
fitness and, assessment, prevalence, and cardiovascular benefits of, youth, 24:S237
National Heart, Lung, and Blood Institute Workshop, cardiovascular health, 24:S192
physical fitness and, cardiovascular benefits and assessment of, adults, 24:S201
Physical performance, chronic multivitamin-mineral supplementation, no enhancement, 24:726
Plasma, androgens, effect of exercise and blood sampling technique, female rats, 24:610
Plasma lactate, manipulation, effect on integrated EMG during cycling, 24:911
Plasminogen activator, extrinsic response to exercise, after dose of propranolol, 24:327
Plasminogen activator inhibitor, effects of exercise training on activity, 24:1210
Posture, responses to lateral perturbation, healthy and ankle sprain patients, 24:171
Pregnancy
Exercise in, 24:S294
exercise responses, before and after, 24:410
Proteinuria, exercise-induced, attenuation by indomethacin, 24:1069

R

Ratings of perceived exertion
lactate and ventilatory thresholds, differential effects of dietary carbohydrate, 24:568
regulation of exercise intensity by, validity of, 24:94
Rearfoot kinematics
heel movement, court shoe, 24:1390
rapid lateral braking movement, factors influencing, 24:586
Rehabilitation program, after deep venous calf thrombosis, 24:2
Reproductive system, exercise and, women, 24:S288
Respiratory data, physiological response to cycling, circular and noncircular chainrings, 24:1114
Resting metabolic rate, effect of suspension of exercise training on, highly trained women athletes, 24:59
Rhabdomyolysis, acute, abnormal high-energy phosphate metabolism and, potentiation by ischemic exercise, long-term relationship, 24:298
RPE, accuracy from graded exercise, establish exercise training intensity, 24:1303
Running
distance, carbohydrate-electrolyte replacement, improvement of performance in the heat, 934
economy
changes with age, childhood and adolescence, 24:462
elite male and female runners, 24:483
multidisciplinary perspective, 24:454
physiological aspects, 24:456
psychological state and, 24:475
endurance, hyponatremia during, physiological and clinical interpretation, 24:403
estimates of mechanical work and energy transfers, demonstration of rigid body power model, recovery leg in gait, 24:1396
ground reaction forces, effects of arch height of foot, 24:1264
masters women runners, cardiorespiratory fitness, effect of age and menopausal status, 24:1147
on land and in water, comparative exercise physiology, 24:1155
prevention and treatment of injuries, 24:S360
sprint starts, EMG and mechanical changes, different front block obliquities, 24:1257
submaximal, plasma zinc uptake during, from supplement, 24:442
treadmill
comparison with two forms of aerobic dance, 24:946
substrate utilization during, prepubertal girls, 24:975
walking and, economy, biomechanical considerations, 24:467
Running economy, physiological, anthropometric, and training correlates, 24:1128

S

Sarcoplasmic reticulum, alterations, exercise-induced muscle damage, 24:531
Shoes
running, movement of heel within, 24:695
sport, construction, biomechanical and orthopedic concepts in, 24:595
Sickle cell trait, exercise performance, effect of different modalities of exercise and recovery, 24:1325
Skiing
cross-country
biomechanical analysis of techniques, 24:1015
competitive
influence of body mass on racing performance, 24:1033
physiological comparisons of techniques, 24:1023
propulsive and gliding phases in, 24:917
scientific basis of, 24:1007
mechanical restraints on Nordic performance, 24:1010
Sports anemia, iron supplements and blood doping, 24:S315
Statistical power, effect of trial size on, 24:1059
Steroids
anabolic, blood pressure response to exercise, users, 24:633
anabolic-androgenic, primary myocardial cell cultures, effect on, 24:206
Strength, after bouts of eccentric or concentric actions, 24:926
Strength training, acceleration of gastrointestinal transit, middle-aged and older men, 24:415
Stress
running economy and, 24:475
viscoelastic relaxation, human skeletal muscle, 24:1375
Stress fractures, in young athletic women, 24:955
Subclavian vein thrombosis, painless arm swelling, high school football player, 24:1185
Substrate utilization, during treadmill running in prepubertal girls and women, 24:975
Sudden death, hypertrophic cardiomyopathy, college athlete, 24:1321
Supraspinatus, EMG activity and shoulder isometric force, 24:744
Sweat electrolyte loss, during exercise in the heat, effects of age and gender, 24:776
Sweat gland, response to exercise in heat, pre-, mid-, and late-pubertal boys, 24:313
Swimming

backstroke, energetics in males and females, 24:371
marathon training, 74-yr-old man, personal experience, 24:490
persons with disabilities, physiological aspects, 24:1276
power, stroke distance, and performance, effect of taper, 24:1141

T

Taper, effect on swim power, stroke distance, and performance, 24:1141
Tennis elbow, transfer of tennis racket vibrations, human forearm, 24:1134
Tennis racket vibrations, transfer onto human forearm, 24:1134
Testosterone, effect on lipids and eicosanoids, cynomolgus monkeys, 24:333
Thigh compartment syndrome, case report and review of the literature, 24:958
Thirst
dehydration, fluid replacement and, current concepts, overview, 24:643
drinking behavior, involuntary dehydration, 24:645
T-lymphocytes, function, acute intensive interval training and, 24:339
Tobacco
oral smokeless, effects on cardiorespiratory response to exercise, 24:389
smokeless, effects of, on performance and psychological response, 24:895
Torque, isokinetic angle-specific measurements, normal and injured knees, value of, 24:292
Training
effect on insulin secretion, single pancreatic beta cells, 24:426
for endurance sport, 24:S340
resistance, carotid-cardiac baroreflex response and LBNP tolerance following, 24:789
Treadmill, protocol, abatement of exertional perceptions following, physiological mediators, 24:346
Treadmill running, timing of lower extremity joint actions during, 24:807

V

Vascular fluid, erythrocyte, plasma, blood volume, healthy young men, normative data, 24:447
Ventilatory response, hypoxic, effect of normoxic or hypobaric hypoxic endurance training on, 24:769

W

Walking, running and, economy, biomechanical considerations, 24:467
Weight belts, during multiple repetitions of squat exercise, effectiveness, 24:603
Weight cycling, metabolic and anthropometric changes, wrestlers, 24:1270
Wheelchair
basketball, dynamics, 24:231
propulsion, handrim velocity, effect on mechanical efficiency in, 24:100
Wrestling, weight cycling, metabolic and anthropometric changes, wrestlers, 24:1270

CONTENTS OF VOLUME 24

Volume 24, No. 1, 1992

Editorial 1

Clinical Sciences

Case Studies

Return to training and competition after deep venous calf thrombosis
William O. Roberts and Donald M. Christie, Jr. 2

Clinical Investigations

Effects of exercise training on men seropositive for the human immunodeficiency virus-1
Larry W. Rigsby, R. K. Dishman, A. W. Jackson, G. S. Maclean, and P. B. Raven 6

The cardiovascular capacities of adults with Down syndrome: a comparative study
Kenneth H. Pitetti, Mike Climstein, Kathryn D. Campbell, P. J. Barrett, and James A. Jackson 13

Experimental Investigations

Attenuation of contraction-induced skeletal muscle injury by bromelain
Jerilyn A. Walker, Frank J. Cerny, John R. Cotter, and Harold W. Burton 20

Basic Sciences/Regulatory Physiology

Sutton Symposium: $\dot{V}O_{2max}$—New Concepts on an Old Theme
Chairperson: John R. Sutton

VO_{2max}—new concepts on an old theme
John R. Sutton 26

Maximal oxygen uptake: "old" and "new" arguments for a cardiovascular limitation
Bengt Saltin and Søren Strange 30

Maximal aerobic power: neuromuscular and metabolic considerations
H. J. Green and A. E. Patla 38

O_2 transport and its interaction with metabolism; a systems view of aerobic capacity
Carl R. Honig, Richard J. Connett, and Thomas E. J. Gayeski 47

Gas exchange and peripheral diffusion limitation
Peter D. Wagner 54

Original Investigations

Effect of suspending exercise training on resting metabolic rate in women
J. L. Herring, P. A. Molé, C. N. Meredith, and J. S. Stern 59

Effect of supramaximal exercise on excess postexercise O_2 consumption
Roald Bahr, Ole Grønnerød, and Ole M. Sejersted 66

Hormonal responses to ingesting water or a carbohydrate beverage during a 2 h run
Patricia A. Deuster, Anita Singh, Andrea Hofmann, Frank M. Moses, and George C. Chrousos 72

Effect of muscle stretching on the activity of neuromuscular transmission
Toshihiko Yamashita, Seiichi Ishii, and Isao Oota 80

Applied Sciences

Psychobiology and Social Sciences

Effects of a 6-month incentive-based exercise program on adherence and work capacity
J. I. Robison, M. A. Rogers, J. J. Carlson, B. E. Mavis, T. Stachnik, B. Stoffelmayr, H. A. Sprague, C. R. McGrew, and W. D. Van Huss 85

The validity of regulating exercise intensity by ratings of perceived exertion
Christopher C. Dunbar, Robert J. Robertson, Randy Baun, Michelle F. Blandin, Kenneth Metz, Ray Burdett, and Fredric L. Goss 94

Biodynamics

Effect of handrim velocity on mechanical efficiency in wheelchair propulsion
H. E. J. Veeger, L. H. V. van der Woude, and R. H. Rozendal 100

Effect of landing stiffness on joint kinetics and energetics in the lower extremity
Paul DeVita and William A. Skelly 108

Physical Fitness and Performance

Stretch shorten cycle performance enhancement through flexibility training
Gregory J. Wilson, Bruce C. Elliott, and Graeme A. Wood 116

Metabolic and performance responses to uphill and downhill running in distance runners
Jeffrey S. Staab, James W. Agnew, and Steven F. Siconolfi 124

Limited range-of-motion lumbar extension strength training
James E. Graves, Michael L. Pollock, Scott H. Leggett, David M. Carpenter, Cecily K. Fix, and Michael N. Fulton . 128

Special Communications

Methods

Evaluation of within-day precision of serum cholesterol measured by a portable analyzer
Leonard A. Kaminsky and Mitchell H. Whaley 134

Prescribing water-based exercise from treadmill and arm ergometry in cardiac patients
Bo Fernhall, Thomas G. Manfredi, and Karen Congdon 139

Letters to the Editor-in-Chief

Letter to the Editor-in-Chief
E. C. Frederick and Peter R. Cavanagh 144

Response
Steven E. Robbins and Gerard J. Gouw 145

Book Reviews 148

Reviewers for 1991 150

Volume 24, No. 2, 1992

J. B. Wolffe Memorial Lecture

"Why exercise?"
Per-Olof Åstrand 153

Clinical Sciences

Clinical Investigations

Prediction of claudication pain from clinical measurements obtained at rest
Andrew W. Gardner, James S. Skinner, Bradford W. Cantwell, and L. Kent Smith 163

Postural responses to lateral perturbation in healthy subjects and ankle sprain patients
Denis Brunt, J. C. Andersen, B. Huntsman, L. B. Reinhert, A. C. Thorell, and J. C. Sterling 171

Clinical Epidemiology

Symptom-limited graded treadmill exercise testing in young adults in the CARDIA study
Stephen Sidney, William L. Haskell, Richard Crow, Barbara Sternfeld, Albert Oberman, Mary Anne Armstrong, Gary R. Cutter, David R. Jacobs, Peter J. Savage, and Linda Van Horn 176

The injury experience of the competitive athlete with a disability: prevention implications
Michael S. Ferrara, William E. Buckley, R. Cairbre McCann, Thomas J. Limbird, John W. Powell, and Robin Robl 184

Basic Sciences/Regulatory Physiology

Brief Review

Repair of injured skeletal muscle: a molecular approach
Brenda Russell, David J. Dix, David L. Haller, and Jamil Jacobs-El 189

Original Investigations

Activation of myogenic precursor cells after muscle injury
Timo Hurme and Hannu Kalimo 197

The effect of anabolic-androgenic steroids on primary myocardial cell cultures
Russell B. Melchert, Timothy J. Herron, and Allison A. Welder 206

Comparison of the forearm and calf blood flow response to thermal stress during dynamic exercise
Takeshi Nishiyasu, Xiangrong Shi, Christopher M. Gillen, Gary W. Mack, and Ethan R. Nadel 213

The effect of psychological strategies upon cardiorespiratory and muscular activity during treadmill running
B. D. Hatfield, T. W. Spalding, A. D. Mahon, B. A. Slater, E. B. Brody, and P. Vaccaro 218

Applied Sciences

Biodynamics

The effectiveness of grip bands in reducing racquet vibration transfer and slipping
Herbert Hatze 226

Dynamics of wheelchair basketball
Kenneth D. Coutts 231

Segmental reflex organization in endurance-trained athletes and untrained subjects
David M. Koceja and Gary Kamen 235

Psychobiology and Social Sciences

NCAA institutionally based drug testing: do our athletes know the rules of *this* game?
Richard R. Albrecht, William A. Anderson, Christopher A. McGrew, Douglas B. McKeag, and David O. Hough ... 242

Special Communications

Methods

Assessment of body composition in heart transplant patients
Steven J. Keteyian, Charles R. C. Marks, Frank J. Fedel, Johnathan K. Ehrman, Brian R. Goslin, Ann M. Connolly, J. David Fachnie, T. Barry Levine, and Michael J. O'Neil ... 247

Validity of Futrex-5000 for body composition determination
Karen P. McLean and James S. Skinner ... 253

Comparison of six methods for force normalization in muscles from malnourished rats
Mary L. Nishio, Annie G. Madapallimattam, and Khursheed N. Jeejeebhoy ... 259

Reliability and variability of heart rate monitoring in 3-, 4-, and 5-yr-old children
Robert H. Durant, Tom Baranowski, Harry Davis, William O. Thompson, Jacqueline Puhl, Kathryn A. Greaves, and Thomas Rhodes ... 265

Technical Note

The accuracy of the ACSM cycle ergometry equation
Patrick B. Lang, Richard W. Latin, Kris E. Berg, and Morris B. Mellion ... 272

Book Reviews ... 277

Volume 24, No. 3, 1992

Clinical Sciences

Clinical Commentary

Congenital cardiovascular disease—the major cause of athletic death in high school and college
Robert C. Cantu ... 279

Clinical Review

Exercise training in patients with chronic obstructive pulmonary disease
Rick Carter, J. Richard Coast, and Steven Idell ... 281

Clinical Investigations

Value of isokinetic angle-specific torque measurements in normal and injured knees
Pekka Kannus and Kazunori Yasuda ... 292

Long-term relationship between acute rhabdomyolysis and abnormal high-energy phosphate metabolism potentiated by ischemic exercise
P. Legros, P. Jehenson, J. P. Gascard, and G. Kozak-Reiss ... 298

Basic Sciences/Regulatory Physiology

Brief Review

Control of skin blood flow during exercise
W. Larry Kenney and John M. Johnson ... 303

Original Investigations

Sweat gland response to exercise in the heat among pre-, mid-, and late-pubertal boys
Bareket Falk, Oded Bar-Or, Randy Calvert, and J. Duncan MacDougall ... 313

The effect of food matrix on carbohydrate utilization during moderate exercise
Judith K. Jarvis, Desiree Pearsall, Craig M. Oliner, and Dale E. Schoeller ... 320

Extrinsic plasminogen activator response to exercise after a single dose of propranolol
Mahmoud S. El-Sayed ... 327

The effects of testosterone on lipids and eicosanoids in cynomolgus monkeys
Andrew S. Weyrich, W. Jack Rejeski, Peter H. Brubaker, and John S. Parks ... 333

Acute intensive interval training and T-lymphocyte function
Rod W. Fry, Alan R. Morton, and David Keast ... 339

Applied Sciences

Psychobiology and Social Sciences

Abatement of exertional perceptions following dynamic exercise: physiological mediators
Robert J. Robertson, Patricia A. Nixon, Carl J. Caspersen, Kenneth F. Metz, R. Anne Abbott, and Fredric L. Goss 346

A critical analysis of work-site fitness programs and their postulated economic benefits
Roy J. Shephard ... 354

Biodynamics

Energetics of backstroke swimming in males and females
Panagiota P. Klentrou and Richard R. Montpetit 371

Effect of internal work on the calculation of optimal pedaling rates
Jeffrey J. Widrick, Patty S. Freedson, and Joseph Hamill 376

Physical Fitness and Performance

Ingestion of an antihistamine does not affect exercise performance
Leslie C. Montgomery and Patricia A. Deuster 383

The effects of oral smokeless tobacco on the cardiorespiratory response to exercise
Bruce L. Van Duser and Peter B. Raven 389

Special Communiations

Amount of exercise per day and weeks of training: effects on body weight and daily energy expenditure
E. Joan Wilterdink, Douglas L. Ballor, and Richard E. Keesey 396

Corrigendum 401

Volume 24, No. 4, 1992

Clinical Sciences

Commentary

Hyponatremia during endurance running: a physiological and clinical interpretation
Timothy Noakes 403

Case Study

Obesity in a high school football candidate: a case presentation
Ted A. Kaplan 406

Clinical Investigations

Exercise responses prior to pregnancy and in the postpartum state
Jeannette E. South-Paul, Krishnan R. Rajagopal, and Michael F. Tenholder 410

Strength training accelerates gastrointestinal transit in middle-aged and older men
K. H. Koffler, A. Menkes, R. A. Redmond, W. E. Whitehead, R. E. Pratley, and B. F. Hurley 415

Exertional heatstroke and muscle metabolism: an *in vivo* ^{31}P-MRS study
Jean-François Payen, Lionel Bourdon, Henri Reutenauer, Bruno Melin, Jean-François Le Bas, Paul Stieglitz, and Michel Cure 420

Basic Sciences/Regulatory Physiology

Effect of training on insulin secretion from single pancreatic beta cells
P. A. Farrell, A. L. Caston, D. Rodd, and J. Engdahl 426

Effects of oral contraceptives on hormonal and metabolic responses during exercise
Debra A. Bemben, Richard A. Boileau, Janice M. Bahr, Ralph A. Nelson, and James E. Misner 434

Plasma zinc uptake from a supplement during submaximal running
Anita Singh, Frank M. Moses, Bonnie L. Smoak, and Patricia A. Deuster 442

Erythrocyte, plasma, and blood volume of healthy young men
Michael N. Sawka, Andrew J. Young, Kent B. Pandolf, Richard C. Dennis, and C. Robert Valeri 447

Applied Sciences

Biodynamics and Physical Fitness and Performance

Economy of Running: A Multidisciplinary Perspective Symposium
Chairperson: Don W. Morgan

Introduction: economy of running: a multidisciplinary perspective
Don W. Morgan 454

Physiological aspects of running economy
Don W. Morgan and Mitchell Craib 456

Running economy: changes with age during childhood and adolescence
Gary S. Krahenbuhl and Tracy J. Williams 462

Biomechanical considerations for economical walking and running
Philip E. Martin and Don W. Morgan 467

Psychological state and running economy
Debra J. Crews 475

Running economy of elite male and elite female runners
Jack Daniels and Nancy Daniels 483

Special Communications

Case Study

Marathon swim training in a 74-yr-old man: personal experiences
Adrian C. Kanaar and Mitchell W. Hecht 490

Letters to the Editor-in-Chief

Letter to the Editor-in-Chief
Gregory L. Landry 495

Response
Ted A. Kaplan 497

Book Reviews 499

Erratum 501

Volume 24, No. 5, 1992

Editorial 503

Clinical Sciences

Clinical Case Study

Chest pain and shortness of breath in a collegiate basketball player: case report and literature review
Henry A. Stiene 504

Clinically Relevant Symposium

Symposium on Muscle Soreness: Exercise-Induced Muscle Damage—Animal and Human Models
Chairperson: Priscilla M. Clarkson

Exercise-induced muscle damage—animal and human models
Priscilla M. Clarkson 510

Muscle function after exercise-induced muscle damage and rapid adaptation
Priscilla M. Clarkson, Kazunori Nosaka, and Barry Braun 512

Structural and mechanical basis of exercise-induced muscle injury
Jan Fridén and Richard L. Lieber 521

Alterations in the sarcoplasmic reticulum: a possible link to exercise-induced muscle damage
Sherell K. Byrd 531

The use of nuclear magnetic resonance to evaluate muscle injury
Kevin McCully, Frank G. Shellock, William J. Bank, and Joel D. Posner 537

Basic Sciences/Regulatory Physiology

Original Investigations

A comparative evaluation of the individual anaerobic threshold and the critical power
Tom M. McLellan and Kenneth S. Y. Cheung 543

Endurance training-induced increases in expiratory muscle oxidative capacity
Stephen Grinton, Scott K. Powers, John Lawler, David Criswell, Stephen Dodd, and William Edwards 551

Respiratory, muscular, and overall perceptions of effort: the influence of hypoxia and muscle mass
Roy J. Shephard, H. Vandewalle, V. Gil, E. Bouhlel, and H. Monod 556

Differential effects of dietary carbohydrate on RPE at the lactate and ventilatory thresholds
William K. Prusaczyk, Kirk J. Cureton, Ralph E. Graham, and Chester A. Ray 568

Applied Sciences

Epidemiology

Physical activity and growth, maturation and performance: a longitudinal study
Gaston P. Beunen, Robert M. Malina, Roland Renson, Jan Simons, Michel Ostyn, and Johan Lefevre 576

Biodynamics

Factors influencing rearfoot kinematics during a rapid lateral braking movement
Kathy Jean Simpson, Patricia A. Shewokis, Saud Alduwaisan, and Kimberly T. Reeves 586

Biomechamical and orthopedic concepts in sport shoe construction
B. M. Nigg and B. Segesser 595

The effectiveness of weight-belts during multiple repetitions of the squat exercise
Jeffrey E. Lander, Joey R. Hundley, and R. Leslie Simonton 603

Special Communications

Methods

Effects of blood sampling technique and exercise on plasma androgens in female rats
Karen A. Carlberg and Barbara L. Alvin ... 610

The validity of visual estimations of percent body fat in lean males
Joan M. Eckerson, Terry J. Housh, and Glen O. Johnson ... 615

Letters to the Editor-in-Chief

Editor's Note
Peter B. Raven ... 619

Letter to the Editor-in-Chief
Linn Goldberg and Diane L. Elliot ... 619

Response
Ben Hurley, Peter Kokkinos, and Andrew Goldberg ... 620

Letter to the Editor-in-Chief
Michael H. Stone ... 621

Response
Peter Kokkinos and Ben Hurley ... 622

Volume 24, No. 6, 1992

Editorial ... 625

Response to Clinical Commentary ... 626

Clinical Sciences

Clinical Investigations

Subject characteristics and low back pain in young athletes and nonathletes
Urho M. Kujala, Jouko J. Salminen, Simo Taimela, Airi Oksanen, and Laura Jaakkola ... 627

The blood pressure response to exercise in anabolic steroid users
Deborah Riebe, Bo Fernhall, and Paul D. Thompson ... 633

Effects of acute inhalation of the bronchodilator, albuterol, on power output
Joseph F. Signorile, Ted A. Kaplan, Brooks Applegate, and Arlette C. Perry ... 638

Basic Sciences/Regulatory Physiology

Symposium: Current Concepts Concerning Thirst, Dehydration, and Fluid Replacement
Chairperson: Michael N. Sawka

Current concepts concerning thirst, dehydration, and fluid replacement: overview
Michael N. Sawka and John E. Greenleaf ... 643

Problem: thirst, drinking behavior, and involuntary dehydration
John E. Greenleaf ... 645

Physiological consequences of hypohydration: exercise performance and thermoregulation
Michael N. Sawka ... 657

Carbohydrate and fluid ingestion during exercise: are there trade-offs?
Edward F. Coyle and Scott J. Montain ... 671

Guidelines for optimal replacement beverages for different athletic events
Carl V. Gisolfi and Stanley M. Duchman ... 679

Original Investigations

Thermoregulatory responses of pre-, mid-, and late-pubertal boys to exercise in dry heat
Bareket Falk, Oded Bar-Or, and J. Duncan MacDougall ... 688

Applied Sciences

Biodynamics

The movement of the heel within a running shoe
Alex Stacoff, Christoph Reinschmidt, and Edgar Stüssi ... 695

Voluntary and electromyostimulation forces in trained and untrained men
Tibor Hortobágyi, Nancy J. Lambert, Catherine Tracy, and Marc Shinebarger ... 702

Psychobiology and Social Sciences

No effects of glycogen depleting exercise and altered diet composition on mood states
William K. Prusaczyk, Rod K. Dishman, and Kirk J. Cureton ... 708

Psychobiologic responses to exercise at different times of day
Patrick J. O'Connor and Jona C. Davis 714

Physical Fitness and Performance

Effect of oxygen breathing following submaximal and maximal exercise on recovery and performance
Mark K. Robbins, Kevin Gleeson, and Clifford W. Zwillich 720

Chronic multivitamin-mineral supplementation does not enhance physical performance
Anita Singh, Frank M. Moses, and Patricia A. Deuster 726

Letters to the Editor-in-Chief

Letter to the Editor-in-Chief
Barry Braun 733

Response
Jerilyn Walker, Frank Cerny, and Harold Burton 733

Book Reviews 735

Corrigendum 738

Volume 24, No. 6 Supplement, 1992

Foreword: Physical activity and cardiovascular health: special emphasis on women and youth
Claude Lenfant S191

Overview of the National Heart, Lung, and Blood Institute Workshop on physical activity and cardiovascular health
George Sopko, Eva Obarzanek, and Elaine Stone S192

The public health burden of a sedentary lifestyle
J. Michael McGinnis S196

Cardiovascular benefits and assessment of physical activity and physical fitness in adults
William L. Haskell, Arthur S. Leon, Carl J. Caspersen, Victor F. Froehlicher, James M. Hagberg, William Harlan, John O. Holloszy, Judith G. Regensteiner, Paul D. Thompson, Richard A. Washburn, and Peter W. F. Wilson S201

Determinants of physical activity and interventions in adults
Abby C. King, Steven N. Blair, Diane E. Bild, Rod K. Dishman, Patricia M. Dubbert, Bess H. Marcus, Neil B. Oldridge, Ralph S. Paffenbarger, Jr., Kenneth E. Powell, and Kim K. Yeager S221

Assessment, prevalence, and cardiovascular benefits of physical activity and fitness in youth
Tom Baranowski, Claude Bouchard, Oded Bar-Or, Timothy Bricker, Gregory Heath, Sue Y. S. Kimm, Robert Malina, Eva Obarzanek, Russell Pate, William B. Strong, Benedict Truman, and Reginald Washington S237

Determinants of physical activity and interventions in youth
James F. Sallis, Bruce G. Simons-Morton, Elaine J. Stone, Charles B. Corbin, Leonard H. Epstein, Nell Faucette, Ronald J. Iannotti, Joel D. Killen, Robert C. Klesges, Clayre K. Petray, Thomas W. Rowland, and Wendell C. Taylor S248

Acute repsonse and chronic adaptation to exercise in women
Jere H. Mitchell, Charlotte Tate, Peter Raven, Fred Cobb, William Kraus, Randall Moreadith, Mary O'Toole, Bengt Saltin, and Nanette Wenger S258

Exercise and atherosclerotic heart disease in women
Pamela S. Douglas, Thomas B. Clarkson, Nancy C. Flowers, Kathy A. Hajjar, Edward Horton, Francis J. Klocke, John La Rosa, and Carol Shively S266

Working group on noncoronary cardiovascular disease and exercise in women
Co-chairs: Allen W. Cowley, Jr. and Victor Dzau; Members: Peter Buttrick, John Cooke, Richard B. Devereux, Cindy L. Grines, George C. Haidet, and Marc D. Thames S277

The reproductive system and exercise in women
Anne B. Loucks, Judith Vaitukaitis, Judy L. Cameron, Alan D. Rogol, Gary Skrinar, Michelle P. Warren, Juliette Kendrick, and Marian C. Limacher S288

Exercise in pregnancy
James F. Clapp III, Roxanne Rokey, Judith I. Treadway, Marshall W. Carpenter, Raul M. Artal, and Carole Warrnes S294

Osteoporosis and exercise in women
Robert Marcus, Barbara Drinkwater, Gail Dalsky, Janet Dufek, Diane Raab, Charles Slemenda, and Christine Snow-Harter S301

Volume 24, No. 7, 1992

Clinical Sciences

Clinical Investigations

The effects of closed-head injury on postural sway
Christopher D. Ingersoll and Charles W. Armstrong 739

An analysis of supraspinatus EMG activity and shoulder isometric force development
Teddy W. Worrell, Barbara J. Corey, Stephanie L. York, and Joseph Santiestaban 744

Isometric exercise training lowers resting blood pressure
Ronald L. Wiley, Charles L. Dunn, Ronald H. Cox, Nancy A. Hueppchen, and Mary S. Scott 749

Clinical Epidemiology

Growth and menarcheal status of elite female gymnasts
Albrecht L. Claessens, Robert M. Malina, Johan Lefevre, Gaston Beunen, Valere Stijnen, Hermine Maes, and Fons M. Veer 755

Basic Sciences/Regulatory Physiology

Original Investigations

Estradiol and progesterone during exercise in healthy untrained women
Carlo Federico Montagnani, Bruno Arena, and Nicola Maffulli 764

The effect of normoxic or hypobaric hypoxic endurance training on the hypoxic ventilatory response
Benjamin D. Levine, Daniel B. Friedman, Kim Engfred, Birgitte Hanel, Michael Kjaer, Phillip S. Clifford, and Niels H. Secher 769

Sweat electrolyte loss during exercise in the heat: effects of gender and maturation
Flavia Meyer, Oded Bar-Or, Duncan MacDougall, and George J. F. Heigenhauser 776

Cycling efficiency is related to the percentage of Type I muscle fibers
Edward F. Coyle, Labros S. Sidossis, Jeffrey F. Horowitz, and John D. Beltz 782

Carotid-cardiac baroreflex response and LBNP tolerance following resistance exercise
Dana L. Tatro, Gary A. Dudley, and Victor Convertino 789

Applied Sciences

Biodynamics

Effects of a functional knee brace on the biomechanics of running
Paul Devita, Pamela Blankenship Hunter, and William A. Skelly 797

Timing of lower extremity joint actions during treadmill running
Joseph Hamill, Barry T. Bates, and Kenneth G. Holt 807

Physical Fitness and Performance

Effect of macronutrient composition of an energy-restrictive diet on maximal physical performance
Christopher B. Scott, Ruth Carpenter, Angela Taylor, and Neil F. Gordon 814

Effect of iron supplementation on endurance capacity in iron-depleted female runners
Lisa A. Klingshirn, Russell R. Pate, Sharon P. Bourque, J. Mark Davis, and Roger G. Sargent 819

Special Communications

Methods

A technique for locating the center of mass and principal axes of the lower limb
Mary C. Verstraete 825

Body composition of healthy sedentary and trained, young and older men and women
Wendy M. Kohrt, Mary T. Malley, Gail P. Dalsky, and John O. Holloszy 832

Letters to the Editor-in-Chief

Letter to the Editor-in-Chief
Diane L. Elliot, Linn Goldberg, and Gregg O. Coodley 838

Response
Larry W. Rigsby, Rod K. Dishman, Allen W. Jackson, and Peter B. Raven 838

Book Reviews 841

Volume 24, No. 8, 1992

Clinical Sciences

Clinical Symposium

Symposium: Exercise and Allergy: Physical Allergy, Exercise-Induced Anaphylaxis, and Exercise-Induced Bronchospasm Chairpersons: William W. Briner, Jr. and Albert L. Sheffer

Introduction: exercise and allergy
William W. Briner, Jr. ... 843

Physical allergies
Richard F. Horan, Albert L. Sheffer, and William W. Briner, Jr. ... 845

Exercise-induced anaphylaxis
William H. Briner, Jr. and Albert L. Sheffer ... 849

Exercise-induced bronchospasm: epidemiology, pathophysiology, and therapy
Frank S. Virant ... 851

Exercise-induced bronchospasm in the young athlete: guidelines for routine screening and initial management
James M. Kyle, Robert B. Walker, Sharon L. Hanshaw, Joseph R. Leaman, and Julie K. Frobase ... 856

Clinical Investigations

Breathlessness predicts perceived exertion in young women with mild asthma
Judith M. Yorio, Rod K. Dishman, William R. Forbus, Kirk J. Cureton, and Ralph E. Graham ... 860

Basic Sciences/Regulatory Physiology

Original Investigations

Maternal respiration and blood gases during aerobic exercise performed at moderate altitude
James M. Pivarnik, Wesley Lee, Thomas Spillman, Steven L. Clark, David B. Cotton, and Joanna F. Miller ... 868

Substrate oxidation and GH responses to exercise are independent of menstrual phase and status
J. A. Kanaley, R. A. Boileau, J. A. Bahr, J. E. Misner, and R. A. Nelson ... 873

A weight-lifting exercise model for inducing hypertrophy in the hindlimb muscles of rats
Tetsuro Tamaki, Shuichi Uchiyama, and Shoichi Nakano ... 881

Andrenergic responsiveness and intrinsic sinoatrial automaticity of exercise-trained rats
Mary E. Schaefer, J. Alan Allert, H. Richard Adams, and M. Harold Laughlin ... 887

Applied Sciences

Psychobiology and Social Sciences

The effects of smokeless tobacco on performance and psychophysiological response
Daniel M. Landers, Debra J. Crews, Stephen H. Boutcher, James S. Skinner, and Steven Gustafsen ... 895

Failure to generalize determinants of self-reported physical activity to a motion sensor
Rod K. Dishman, Charles R. Darracott, and Leslie T. Lambert ... 904

Biodynamics

Effect of manipulation of plasma lactate on integrated EMG during cycling
Kevin L. Seburn, David J. Sanderson, Angelo N. Belcastro, and Donald C. McKenzie ... 911

Propulsive and gliding phases in four cross-country skiing techniques
Bernard Bilodeau, Marcel R. Boulay, and Benoit Roy ... 917

Physical Fitness and Performance

Strength after bouts of eccentric or concentric actions
Catherine L. Golden and Gary A. Dudley ... 926

Carbohydrate-electrolyte replacement improves distance running performance in the heat
Mindy L. Millard-Stafford, Phillip B. Sparling, Linda B. Rosskopf, and Linda J. DiCarlo ... 934

Special Communications

Methods

Validity of a cardiorespiratory fitness test for men with mental retardation
Pauli Rintala, John M. Dunn, Jeffrey A. McCubbin, and Christine Quinn ... 941

A comparison between two forms or aerobic dance and treadmill running
Michael J. Berry, Camala C. Cline, Carolynn B. Berry, and Martha Davis ... 946

Book Reviews ... 952

Volume 24, No. 9, 1992

Clinical Sciences

Clinical Case Studies

Stress fractures in young athletic women: case reports of unsuspected cortisol-induced osteoporosis
Angelo A. Licata 955

Thigh compartment syndrome in a football athlete: a case report and review of the literature
Angelo J. Colosimo and Mary Lloyd Ireland 958

Clinical Investigation

Etiology of low back pain in elite boardsailors
Simon Locke and Graham D. Allen 964

Basic Sciences/Regulatory Physiology

Exercise capacity and breathing mechanics in patients with airflow limitation
T. G. Babb and J. R. Rodarte 967

Substrate utilization during treadmill running in prepubertal girls and women
Lucia R. Martinez and Emily M. Haymes 975

The effect of an anti-G suit on cardiovascular responses to exercise in persons with paraplegia
Maria T. E. Hopman, Berend Oeseburg, and Rob A. Binkhorst 984

Aerobic fitness: I. Response of volume regulating hormones to head-down tilt
Xiangrong Shi, William G. Squires, Jon W. Williamson, Craig G. Crandall, Jia-Jen Chen, Larry P. Krock, and Peter B. Raven 991

Aerobic fitness: II. Orthostasis and $\dot{V}O_{2peak}$ following head-down tilt
Jon W. Williamson, Xiangrong Shi, Jia-Jen Chen, Craig G. Crandall, William G. Squires, Larry P. Krock, and Peter B. Raven 999

Applied Sciences

Biodynamics Symposium

Symposium: Scientific Basis of Competitive Cross-Country Skiing

Chairperson: Philip S. Clifford

Scientific basis of competitive cross-country skiing
Philip S. Clifford 1007

Mechanical constraints on Nordic ski performance
E. C. Frederick 1010

Biomechanical analysis of cross-country skiing techniques
Gerald A. Smith 1015

Physiological comparisons of cross-country skiing techniques
Martin D. Hoffman 1023

Influence of body mass on cross-country ski racing performance
Ulf Bergh and Artur Forsberg 1033

Development of aerobic power in relation to age and training in cross-country skiers
Heikki K. Rusko 1040

Technological advances in cross-country ski equipment
Glenn M. Street 1048

Special Communications

Methods

Factors affecting the oxygen cost of stepping on an electronic stepping ergometer
Edward T. Howley, Dennis L. Colacino, and Thomas C. Swensen 1055

Experimental Design and Statistical Analysis

The effect of trial size on statistical power
Barry T. Bates, Janet S. Dufek, and Howard P. Davis 1059

Letters to the Editor-in-Chief

Letter to the Editor-in-Chief
Brian Hainline 1066

Response
Robert C. Cantu 1066

Letter to the Editor-in-Chief
François Péronnet, Eudoxie Adopo, Denis Massicotte, Claude Hillaire-Marcel, and Guy R. Brisson 1066

Response
D. A. Schoeller, J. K. Jarvis, D. Pearsall, and C. M. Oliner 1067

Volume 24, No. 9 Supplement, 1992

Energy metabolism and fuel utilization
F. C. Hagerman S309

Sports anemia, iron supplements, and blood doping
E. Randy Eichner S315

Nutrition for the marathon and other endurance sports: environmental stress and dehydration
Robert Murray S319

Benefits of fluid replacement with carbohydrate during exercise
Edward F. Coyle and Scott J. Montain S324

Nutritional manipulations before and during endurance exercise: effects on performance
Andrew R. Coggan and Scott C. Swanson S331

Recovery from endurance exercise
W. Michael Sherman S336

Training for endurance sport
Russell R. Pate and J. David Branch S340

Ergogenic and ergolytic substances
Melvin H. Williams S344

Food selection for endurance sports
Linda Houtkooper S349

Prevention and treatment of injuries to runners
Mary L. O'Toole S360

Volume 24, No. 10, 1992

Clinical Sciences

Clinical Investigations

Exercise-induced proteinuria is attenuated by indomethacin
Karen D. Mittleman and Edward J. Zambraski 1069

Further evidence against a direct automatic neuromotor link between the ACL and hamstrings
M. D. Grabiner, T. J. Koh, and G. F. Miller 1075

Clinical Epidemiology

Musculoskeletal strength and serum lipid levels in men and women
Harold W. Kohl III, Neil F. Gordon, Christopher B. Scott, Hylkia Vaandrager, and Steven N. Blair 1080

Basic Sciences/Regulatory Physiology

Original Investigations

Effect of pedal rate on cardiorespiratory responses during continuous exercise
R. Donald Hagan, Stephen E. Weis, and Peter B. Raven 1088

Effect of varying levels of hypohydration on responses during submaximal cycling
Donald R. Dengel, Peter G. Weyand, Donna M. Black, and Kirk J. Cureton 1096

Acute exercise attenuates phenylephrine-induced contraction of rabbit isolated aortic rings
Mary Gaukler Howard, Stephen E. DiCarlo, and John N. Stallone 1102

Opioid receptor modulation of postexercise hypotension
James B. Boone, Jr., Marc Levine, Michael G. Flynn, Frank X. Pizza, Eugene R. Kubitz, and Frederick F. Andres 1108

Applied Sciences

Biodynamics

Physiological response to cycling with both circular and noncircular chainrings
M. L. Hull, Martha Williams, Keith Williams, and Steve Kautz 1114

Effect of cadence on the economy of uphill cycling
David P. Swain and Jonathan P. Wilcox 1123

Physiological, anthropometric, and training correlates of running economy
Russell R. Pate, Caroline A. Macera, Stephen P. Bailey, William P. Bartoli, and Kenneth E. Powell 1128

Transfer of tennis racket vibrations onto the human forearm
Ewald M. Hennig, Dieter Rosenbaum, and Thomas L. Milani 1134

Effects of taper on swim power, stroke distance, and performance
R. Anderson Johns, Joseph A. Houmard, Richard W. Kobe, Tibor Hortobágyi, Nicholas J. Bruno, Jennifer M. Wells, and Marc H. Shinebarger 1141

Physical Fitness and Performance

Effect of age and menopausal status on cardiorespiratory fitness in masters women runners
Christine L. Wells, Margaret A. Boorman, and Donna M. Riggs 1147

Running on land and in water: comparative exercise physiology
Jan Svedenhag and Jan Seger 1155

The effect of salbutamol on performance in elite nonasthmatic athletes
Willem H. Meeuwisse, Donald C. McKenzie, Susan R. Hopkins, and Jeremy D. Road 1161

Special Communications

Methods

Variability of some objective measures of physical activity
Randall J. Gretebeck and Henry J. Montoye 1167

Predictors of over- and underachievement of age-predicted maximal heart rate
Mitchell H. Whaley, Leonard A. Kaminsky, Gregory B. Dwyer, Leroy H. Getchell, and James A. Norton 1173

Letters to the Editor-in-Chief

Letter to the Editor-in-Chief
Bruce Arroll and Robert Beaglehole 1180

Response
James [Hagberg and William L. Haskell 1180

Book Reviews 1182

Volume 24, No. 11, 1992

Clinical Sciences

Clinical Case Study

Case presentation: painless arm swelling in a high school football player
Robert S. Skerker and Frederick C. Flandry 1185

Clinical Investigation

Bone density in postmenopausal women: high impact vs low impact exercise
Katie A. Grove and Ben R. Londeree 1190

Clinical Epidemiology

Cancer and the protective effect of physical activity: the epidemiological evidence
Barbara Sternfeld 1195

Basic Sciences/Regulatory Physiology

Original Investigations

Effects of exercise training on plasminogen activator inhibitor activity
Eco J. C. de Geus, Cornelis Kluft, Anton C. W. de Bart, and Lorenz J. P. van Doornen 1210

Relative changes in maximal force, EMG, and muscle cross-sectional area after isometric training
S. Garfinkel and E. Cafarelli 1220

Blood pressure responses to LBNP in nontrained and trained hypertensive rats
Toby G. Bedford and Charles M. Tipton 1228

Reduction in LBNP tolerance following prolonged endurance exercise training
Glen H. J. Stevens, Brian H. Foresman, Xiangrong Shi, Stephen A. Stern, and Peter B. Raven 1235

Cardiac response to acute coronary artery occlusion in exercise-trained dogs
Jeffrey M. Dodd-o and Patricia A. Gwirtz 1245

Electrical stimulation-induced changes in skeletal muscle enzymes of men and women
Janik M. Gauthier, Rémy Thériault, Germain Thériault, Yves Gélinas, and Jean-Aimé Simoneau 1252

Applied Sciences

Biodynamics

EMG and mechanical changes during sprint starts at different front block obliquities
Nathalie Guissard, Jacques Duchateau, and Karl Hainaut 1257

Effects of arch height of the foot on ground reaction forces in running
Werner Nachbauer and Benno M. Nigg 1264

Physical Fitness and Performance

Metabolic and anthropometric changes with weight cycling in wrestlers
Linda J. McCargar and Susan M. Crawford 1270

Physiological aspects of swimming performance for persons with disabilities
Jean-Claude Chatard, Jean-Marc Lavoie, Helene Ottoz, Pierre Randaxhe, Georges Cazorla, and Jean-Rene Lacour 1276

Endurance training enhances critical power
David G. Jenkins and Brian M. Quigley 1283

Serum sex hormones and endurance performance after a lacto-ovo vegetarian and a mixed diet
Anne Raben, Bente Kiens, Erik A. Richter, Lone B. Rasmussen, Birgit Svenstrup, Snezana Micic, and Poul Bennett 1290

Special Communications

Methods

Validity of bioelectrical impedance equations for estimating fat-free weight in lean males
Joan M. Eckerson, Terry J. Housh, and Glen O. Johnson 1298

Accuracy of RPE from graded exercise to establish exercise training intensity
Stephen C. Glass, Ronald G. Knowlton, and M. Daniel Becque 1303

Book Reviews 1308

Volume 24, No. 12, 1992

Clinical Sciences

Clinical Case Study

Delayed treatment of a malreduced distal femoral epiphyseal plate fracture
Michael C. Meyers, R. David Calvo, James C. Sterling, and David W. Edelstein 1311

Case report: bilateral ankle pain in an aerobic dancer
Gary A. Green and Bertram A. Maltz 1316

Hypertrophic cardiomyopathy in a college athlete
Stephen M. Simons and James Moriarity 1321

Clinical Investigation

Effect of different modalities of exercise and recovery on exercise performance in subjects with sickle cell trait
D. Gozal, P. Thiriet, E. Mbala, D. Wouassi, H. Gelas, A. Geyssant, and J. R. Lacour 1325

Basic Sciences/Regulatory Physiology

Original Investigations

Anaerobic exercise causes transient changes in leukocyte subsets and IL-2R expression
A. B. Gray, Y. C. Smart, R. D. Telford, M. J. Weidemann, and T. K. Roberts 1332

Effects of brief, heavy exertion on circulating lymphocyte subpopulations and proliferative response
David C. Nieman, Dru A. Henson, Robert Johnson, Lauralynn Lebeck, J. Mark Davis, and Sandra L. Nehlsen-Cannarella 1339

Growth hormone, IGF-I, and testosterone responses to resistive exercise
R. R. Kraemer, J. L. Kilgore, G. R. Kraemer, and V. Daniel Castracane 1346

Plasma amino acid concentrations in the overtraining syndrome: possible effects on the immune system
Mark Parry-Billings, Richard Budgett, Yiannis Koutedakis, Eva Blomstrand, Steven Brooks, Clyde Williams, Philip C. Calder, Sian Pilling, Robert Baigrie, and Eric A. Newsholme 1353

Pulmonary function changes following exercise
Joseph A. O'Kroy, Robin A. Loy, and J. Richard Coast 1359

Dynamic and steady-state ventilatory and gas exchange responses to arm exercise
Richard Casaburi, Thomas J. Barstow, Terry Robinson, and Karlman Wasserman 1365

Applied Sciences

Biodynamics

Viscoelastic stress relaxation in human skeletal muscle
Malachy P. McHugh, S. Peter Magnusson, Gilbert W. Gleim, and James A. Nicholas 1375

Effect of pelvic position and stretching method on hamstring muscle flexibility
Michael K. Sullivan, Joseph J. Dejulia, and Teddy W. Worrell 1383

Heel movement within a court shoe
Christoph Reinscmidt, Alex Stacoff, and Edgar Stüssi 1390

Estimates of mechanical work and energy transfers: demonstration of a rigid body power model of the recovery leg in gait
Graham E. Caldwell and Larry W. Forrester 1396

Book Reviews 1413

Author Index, Volume 24 1417

Key Word Index, Volume 24 1425

Contents of Volume 24 i